MEAT
FREEMEAT
FREE

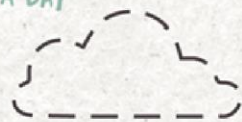
- MEAT FREE MONDAY

5
A DAY

- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE



Week 1	Monday	Tuesday	Wednesday	Thursday	Chippy Friday
Main Dish £1.35-£1.75	Macaroni Cheese	Sausage & Mash with seasonal veg or Beans & Gravy	Moussaka & Garlic Bread	Pizza	Fish Fillet
Vegetarian Dish £1.35-£1.75	Veg Chilli Wedges	Veg Noodles	Chickpea & Lentil Curry & Samosa	Sweet Potato Enchilada & Salad	Cheese Pasty
Meal Deal £2.35	Macaroni Cheese & Small Drink & Biscuit or Fruit	Sausage Mash & Small Drink & Biscuit or Fruit	Moussaka, Garlic Bread Small Drink & Biscuit or Fruit	Pizza, Small Drink & Biscuit or Fruit	Cheese Pasty, Biscuit or Fruit, Small Drink
Street Food £1.85-£1.95	Curry Sauce of the Day Pasta Sauce of the Day	Curry Sauce of the Day Pasta Sauce of the Day	Curry Sauce of the Day Pasta Sauce of the Day	Curry Sauce of the Day Pasta Sauce of the Day	Curry Sauce of the Day Pasta Sauce of the Day
And there's more £1.35-£1.85	Panini Sandwiches Jacket Potatoes Salad Box Various Drinks	Panini Sandwiches Jacket Potatoes Salad Box Various Drinks	Panini Sandwiches Jacket Potatoes Salad Box Various Drinks	Panini Sandwiches Jacket Potatoes Salad Box Various Drinks	Panini Sandwiches Jacket Potatoes Salad Box Various Drinks
Dessert 48p-£1	Traybake, Biscuit, Fruit Pot, Cheese & Crackers	Traybake, Biscuit, Fruit Pot, Cheese & Crackers	Traybake, Biscuit, Fruit Pot, Cheese & Crackers	Traybake, Biscuit, Fruit Pot, Cheese & Crackers	Traybake, Biscuit, Fruit Pot, Cheese & Crackers



MENU



MENU

MEAT FREE - MEAT FREE MONDAY

 - CHEF'S CHOICE

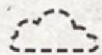
5 - 1 OF YOUR 5 A DAY

5
A DAY

Week 2	Monday	Tuesday	Wednesday	Thursday	cHippy Friday
Main Dish £1.35-£1.75	Pasta Bake & Salad	Meat Pie & Mash Potato Seasonal Veg & Gravy	Fish Finger or spicy Chicken Salad Wrap	Chilli con Carne & Garlic Bread	Fish Fillet
Vegetarian Dish £1.35-£1.75	Pav Bhaji with yoghurt & Salad 	Italian Veg Bolognaise	Cheese Flan	Pizza	 Chinese curry, Fried Rice
Meal Deal £2.35	Pasta Bake, Small Drink & Biscuit or Fruit	Meat Pie, Biscuit & Small Drink	Fish or Chicken Wrap, Small Drink & Biscuit or Fruit	Pizza, Small Drink & Biscuit or Fruit	Fish & Chip, Beans or Biscuit, Small Drink
Street Food £1.85-£1.95	Curry Sauce of the Day Pasta Sauce of the Day	Curry Sauce of the Day Pasta Sauce of the Day	Curry Sauce of the Day Pasta Sauce of the Day	Curry Sauce of the Day Pasta Sauce of the Day	Curry Sauce of the Day Pasta Sauce of the Day
And There's More £1.35-£1.85	Panini Sandwiches Jacket Potatoes Salad Box	Panini Sandwiches Jacket Potatoes Salad Box	Panini Sandwiches Jacket Potatoes Salad Box	Panini Sandwiches Jacket Potatoes Salad Box	Panini Sandwiches Jacket Potatoes Salad Box
Dessert 48p-£1	Choose either a Cake, Biscuit, Yoghurt, Fruit Pot or Crackers	Choose either Cake, Biscuit, Yoghurt, Fruit Pot or Crackers	Choose either a Cake, Biscuit, Yoghurt, Fruit Pot or Crackers	Choose either a Cake, Biscuit, Yoghurt, Fruit Pot or Crackers	Choose either a Cake, Biscuit, Yoghurt, Fruit Pot or Crackers

TRY OUR STREET FOOD GRAB AND GO
FOR HEALTHY MEALS ON THE GO





5
A DAY

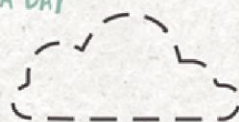
- 1 OF YOUR 5 A DAY

MEAT
FREE

- MEAT FREE MONDAY



- CHEF'S CHOICE



Week 3	Monday	Tuesday	Wednesday	Thursday	Chippy Friday
Main Dish £1.35-£1.75	Salsa Potato with Side Salad <small>MEAT FREE</small>	Meat & Potato Pie & Seasonal Veg	Meatball & Rice	Pizza	Cheese or Veg Burger
Vegetarian Dish £1.35-£1.75	Lasagne & Garlic Bread	Veg Biryani	Cheese & Leek Whirl	Chicken Burrito	Potato & Spinach Curry with a Samosa
Meal Deal £2.35	Salsa Potato, Salad, Small Drink & Biscuit or Fruit	Veg Biryani, Small Drink or Biscuit or Fruit	Cheese Whirl, Small Drink & Biscuit or Fruit	Pizza, Small Drink & Biscuit or Fruit	Burger, Small Drink, Biscuit or Fruit
Street Food £1.85-£1.95	Curry Sauce of the Day Pasta Sauce of the Day	Curry Sauce of the Day Pasta Sauce of the Day	Curry Sauce of the Day Pasta Sauce of the Day	Curry Sauce of the Day Pasta Sauce of the Day	Curry Sauce of the Day Pasta Sauce of the Day
And There's More £1.35-£1.85	Panini Sandwiches Jacket Potatoes Salad Box	Panini Sandwiches Jacket Potatoes Salad Box	Panini Sandwiches Jacket Potatoes Salad Box	Panini Sandwiches Jacket Potatoes Salad Box	Panini Sandwiches Jacket Potatoes Salad Box
Dessert 48p-£1	Choose either a Cake, Biscuit, Yoghurt or Fruit Pot	Choose either a Cake, Biscuit, Yoghurt or Fruit Pot	Choose either a Cake, Biscuit, Yoghurt or Fruit Pot	Choose either a Cake, Biscuit, Yoghurt or Fruit Pot	Choose either a Cake, Biscuit, Yoghurt or Fruit Pot



MENU