



Sharples

SCHOOL

Newsletter

Issue 569
9th October 2026

Year 10 Visit Cambridge University for Science Enrichment



In September, 50 Year 10 students enjoyed a visit to Cambridge University to engage with experiments and visit the science sights that the city has to offer. Cambridge has seen more Nobel Prize winners grace its University than any other place in the UK and pupils went to see the place where the discovery of DNA was announced and the laboratory where Ernest Rutherford famously discovered the nucleus of the atom. An overnight stay in the halls of residence topped off a great trip. The visit was inspirational and we hope that our pupils have their sights on applying to Cambridge in the future!

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Year 10 Geography Fieldwork



Year 10 Geography Fieldwork Success at Salford Quays Last Friday (2nd October) when our new Year 10 GCSE Geography cohort headed off on their very first fieldwork trip to Salford Quays.

The trip was a brilliant opportunity for students to put their classroom learning into action. Throughout the day, students collected key data for their first inquiry; completing Environmental Quality Surveys, conducting pedestrian counts, and stepping out of their comfort zones to interview members of the public.

They represented the school brilliantly. In fact, several members of the public went out of their way to comment on how polite, articulate, and professional our students were during their interviews!

Back in the classroom, students are now presenting and analysing their data to evaluate whether the multi-million-pound regeneration of Salford Quays has truly been worth the investment.

We are extremely proud of their efforts and look forward to their upcoming Rivers Investigation at Bradshaw Brook later in the academic year; Well Done, Year 10!



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Mathematician of the Month

Every month a student is nominated from each of the maths classes for Mathematician of the Month. These students are nominated based on their hard work, enthusiasm and efforts within the lesson.

Well done to this month's nominees for fantastic work in maths lessons!



Year 7

Rhea M
Safaa K
Freya T
Yashfeen A
Mahek K
Aizah N
Millie-Elsie C-
S
Aysha I
Ashley S
Nahidhusen R

Year 8

Zahra A
Adil I
Yusuf P
Frankie A
Zidan A
Maryam D
Yaseen D
Bobby W
Aisha D
Gabriella M

Year 9

Amara H
Asna P
Sameeha K
Praise K-O
Pippa M
Bryan B
Katie J
Sawsan B
Maddie M
Holly D

Year 10

Zaibunnisha V
Lewis B
Kiylem B
Metuschel S
Azeema Y
Melih Y
Ayaan S
Kyeranne R
Aleena M
Aman D

Year 11

Aaliyah M
Xena R
Fatima I
Dua R
Mia J-R
Patrick W
Ruby M
Aamane P
Elise K
Fatima A-T
Aoife C

Gold Tie of the Week - Lucas Kikabhahi

Really helpful for all events so far, great duty every week.

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Scientist of the Month - September

Congratulations to September's Scientist of the Month winners and well done to all nominees. Keep up the fantastic work in Science!

Scientist of the Month

September

Winners	
Year 7	Cobie-George Hanson
Year 8	Ayman Mohamed
Year 9	Zunairah Choudhury
Year 10	Afreen Patala
Year 11	Emilie-Rose Haslam

All pupils were nominated by their science teacher. Nominees receive 25 rewards points, winners receive 50.





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Sharples School Cadet Squadron



Last week, Y9 pupil Tom A enjoyed a fantastic flying activity with his cadet squadron at RAF Leeming in Yorkshire. He had a great time and even got the chance to fly the plane which is a Grob Tutor as well as doing some acrobatics in the sky! The students were even treated to a surprise visit from an F35 fighter jet which came into land. We think Tom looks the part and we are looking forward to his progress towards his career aspiration of becoming a pilot! Well done Tom!



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Geography Fieldwork Success: Year 9 Explore Salford Quays and the Trafford Centre!



Yesterday, nearly 240 Year 9 students traded their classrooms for the real world, embarking on an action-packed geography fieldwork expedition to Salford Quays and MediaCityUK. The focus of the day was to investigate urban regeneration, sustainability, and evidence of urban greening in one of the UK's most dynamically transformed urban spaces.

Divided into teams, our young geographers worked across three different zones along meticulously planned transects where they showcased fantastic primary data collection skills by conducting pedestrian counts, green vs. grey surveys, environmental quality surveys (EQS), and a select few interviewed members of the public.

Highlights of the day included; Perfect Fieldwork Weather: The sun shone beautifully all day, making the outdoor data collection a brilliant experience. Wildlife & Water Sports: Alongside their geographic observations, students spotted canoes out on the water at the watersports centre, plenty of ducks and swans on the Manchester Ship Canal, and even a friendly squirrel in the canal-side gardens! Retail Rewards: After a busy morning of hard work, the cohort headed to the Trafford Centre for some well-deserved food, shopping, and relaxation. ...continued



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The sheer scale of the data collection meant that lots of steps were logged throughout the day. By the time the coaches headed back, there were plenty of tired feet, but also an impressive haul of shopping bags from Selfridges, JD, Primark, and P Louise!

The geography department would like to commend Year 9 for their exceptional behaviour, enthusiasm, and geographical focus throughout the day. You represented Sharples brilliantly!

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English Department's Stars of the Week

Work of the Week

Year 7

Affiyah B - for insightful annotations on similes. [Click here to view the work.](#)

Year 8

Alfie A for successfully identifying examples of pathos in a Blood Brothers extract. [Click here to view the work.](#)

Year 9

Alisha A for demonstrating a fantastic analysis of tension within Chapter 5 of 'The Jungle'. [Click here to view the work.](#)

Year 10

Ayesha K - for insightful poetry annotations on Drummer Hodge and thoughtful response to feedback. [Click here to view the work.](#)

Year 11

Sehar I - For producing an outstanding rewritten story and acting on feedback. [Click here to view the work.](#)

Readers of the Week

Year 7

Toby F for reading using the Sharples SPEAK UP.

Year 8

Mattia P for excellent expression during Blood Brothers reading.

Year 9

Zach A.S for reading with expression.

Year 10

Mason R for great reading as Scrooge!

Year 11

Hayden R for reading clearly and fluently in lessons.



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Black Heroes of Mathematics Youth Festival



40 Year 7 students attended the Black Heroes of Mathematics Youth Festival on Wednesday learning all about David Blackwell, a pioneering American mathematician and statistician whose work in game theory, probability, and statistics underpins modern decision science and artificial intelligence, from two other fantastic mathematicians Professor Nira Chamberlain and Juliet Ojiako. They were inspired by the fact that he entered university at just age 16 and had gained a doctorate in mathematics by the age of 22! The students then went onto produce some great fact files based on famous black mathematicians.

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Sharples School's Green Fingers



Harvest Time at Sharples School

The school allotment at Sharples School is officially open for the season's yield, giving our student gardeners a front-row seat to the rewards of sustainable agriculture. Far from being just a traditional calendar event, Harvest time at Sharples serves as an essential educational platform and a catalyst for vital community action. Through direct involvement in food production and garden management, our students gain a practical understanding of horticulture while actively celebrating the fruits of their year-long labour.

From major milestone crops to seasonal maintenance, here is how our young gardeners are bringing the harvest to life this week.

Giant Strides for the Gardening Club

The structural core of the school's autumn activities is centered around the thriving Sharples School Allotment. This week, our Year 8 and Year 9 gardeners celebrated a proud milestone by successfully harvesting the first giant pumpkin of the season.

Grown completely from a tiny seed, the massive pumpkin stands as a testament to the students' patience, consistent care, and teamwork over the past several months. Alongside this seasonal showstopper, students have been hard at work digging up a healthy and plentiful crop of potatoes, connecting their classroom science concepts directly to real-world food production. We aim to prepare a delicious soup with our produce.

... continued



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Planning for the Future: Seed Saving

Sustainability is at the heart of the school's gardening philosophy. Rather than simply enjoying the current harvest, the students are already planning ahead for next year's lifecycle.

The young gardeners are currently collecting seeds from the school's giant sunflowers. These carefully preserved seeds will be stored safely over the winter months, ready to be planted in the spring to ensure that the vibrant, towering displays return to brighten the school grounds for future terms.

Maintaining the Grounds: Flower Bed Upkeep

A successful harvest requires robust structural maintenance, and our students are not shying away from the necessary hard work.

In addition to harvesting vegetables, students have spent time out on the grounds weeding the Year 9 flower bed. Clearing away persistent weeds prepares the soil for future planting and ensures the flower beds remain tidy, healthy, and visually appealing as the school transitions into the colder winter months.



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Y7 Netball vs St James's



A huge well done to our Y7 netball players who took part in their very first fixture against St James's on Monday evening! The girls put in a fantastic effort, finishing with one win and one loss. There was some brilliant teamwork and exciting potential on display across the squad. A special shoutout goes to Miriam, who had an outstanding game playing WD!



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First Football Fixture of the Year for the Girls!



Our girls' football teams kicked off the year with two exciting fixtures against St James's on Thursday. The Y7 team battled brilliantly in a closely contested game, narrowly losing 3–2. A special mention goes to Matilda S for her fantastic leadership on the pitch. Meanwhile, our KS4 team reached half-time level at 3–3 before eventually losing 5–3, showing great effort throughout. Well done to all the girls, a fantastic effort to start the football year!



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Y7 Football



The year 7 football squad have had another busy week training and playing 2 friendly fixtures against St Joseph's and Turton. A smaller squad was selected to travel to St Joseph's and it was a difficult game with Sharples struggling to compete with the opposition in the first half. The second half was much better and competitive but St Joseph's finished convincing winners.

A larger squad was selected for the Turton fixture at Sharples. Sharples started slowly and found themselves 2 goals down but showed that they are learning and reacted in positive way and soon found themselves back in the game after a fantastic solo goal from Ted M firing into the top corner with his left foot from the edge of the box. The goal galvanised Sharples and gave them some new found confidence after a tough few games and the team started to play with much more belief. Sharples were dominant for the remainder of the game with Ted scoring another 2, George, Abubakr scoring his first 2 goals for school, Jake and Munshi scoring his first for school. Next Wednesday year 7 will be taking 2 teams to Kearsley Academy and hope to build on this really positive performance.



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Y8 Football



Year 8 had their first taste of 11-a-side football this week against Canon Slade. It was a good learning curve for the team of getting used to the differences. The team unfortunately lost out to Canon, but will be encouraged by the performance. Our next game will be Tuesday, away to Little Lever in the league, returning to 9-a-side.

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Year 9 vs St Joseph's



On Thursday night our year 9 boys football team welcomed St Joseph's in a league fixture. The game was very evenly matched as it went back and forth from the start. They scored, we scored, they scored, we scored and late in the second half we finally took the lead and managed to hold on to secure 3 points. There was a number of notable performances, from Archie L and Jack T in the middle working hard, Riley F making great saves but Praise was exceptional being a constant threat down the left side and getting his first goal for school with an outrageous lob from 25 yards out. #UpTheSharples



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Y11 Netball Tournament



On Tuesday evening, our Y11 netball team took to the court for the final time for Sharples, competing in the Bolton Town Tournament at Bolton School. The team showed brilliant teamwork and spirit, putting in a valiant effort against extremely tough competition. The evening was rounded off perfectly with a well-deserved McDonald's on the way home! The girls have been a pleasure to teach and coach over the 5 years, and I hope they continue enjoying their netball as they move on from Sharples! Well done, girls!

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Attendance Information

Reporting an absence:

If your child is too ill to attend school, please contact the school before 9.30am with full details of your child's illness/symptoms. The attendance email is the easiest way to contact school as the phone line can get very busy.

Appointments in school time: Please provide an appointment card/letter. If your child has a medical appointment and needs to leave early, please can you provide a copy of the appointment card/letter so an exit slip can be issued.

The school attendance email is: attendance@sharplesschool.co.uk

If we are unable to make contact and you do not provide a reason for your child's absence, this absence will be recorded as unauthorised.

Attendance Data

Year Groups attendance this week:

7 = 98.40%

8 = 95.84%

9 = 96.74%

10 = 95.59%

11 = 94.16%

Best forms this week:

7Ples5 & 7Shar5 = 100%

8Ples3 = 99.23%

9Shar3 = 100%

10Shar4 = 98.35%

11Ples1 = 99.49%

773 pupils have achieved 100% this academic year

Dates for your Diary

Monday 12th October:
Romanian school visit

Tuesday 13th and
Wednesday 14th
October: Student
Affairs Committee
Interviews (Y7 - 8:45 –
10:05am)

Wednesday 14th
October: Y7 interactive
Bayeux Tapestry event

Wednesday 14th
October: Year 7
settling in day

Thursday 15th
October: Year 10 -
Preparing for Success
Evening (4:00 –
6:00pm)

Career of the Week: Archaeologist

They learn about the past by studying written records, collecting oral histories and excavating objects and remains at historical sites.

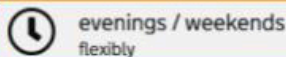
Average Salary:



Typical hours:
(per week)



You could work:



Qualifications:

- A degree or Apprenticeship in the relevant area of study.
- 5 GCSEs at grades 9 to 4 (A* to C), or equivalent, including English and maths, for an advanced apprenticeship
- 4 or 5 GCSEs at grades 9 to 4 (A* to C) and A levels, or equivalent, for a degree apprenticeship
- 2 to 3 A levels, or equivalent, for a degree.

Skills required:

- An interest and knowledge of History.
- The ability to work well with your hands.
- Knowledge of sociology and anthropology for understanding society and culture.
- To be thorough and pay attention to detail.
- Persistence and determination.
- Excellent verbal communication skills.
- Analytical thinking skills.

Relevant Subjects:

- English, Maths, History and Geography

Information sourced from: <https://nationalcareers.service.gov.uk/job-profiles/archaeologist>



Careers &
Enterprise
at Sharples School

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PE Lunch Time Clubs - This Half Term

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Y7 Football (Big Astro) - AHM/CCH	Y8 Football (Big Astro) - PGR/LAL	Y7 Football (Big Astro) - AHM/CCH	Y8 Football (Big Astro) - AHM/CCH	Y9 Football (Big Astro) - AHM/CCH
Y11 Football (Small astro) JBA	Y11 Football (Small astro) JBA	Y11 Football (Small astro) JBA	Y11 Football (Small astro) JBA	Y11 Football (Small Astro) - JBA
Netball Yr 7/8 (SH) - LAL	KS3 Dodgeball (SH) - CCH	Just Dance- all years (SH) - LAL/PGR	Basketball (SH) - LAL	Y7 Girls Football (SH) - LAL
	Sports studies catch up/KS3 hmwk- AHM			



PE After School Clubs - This Half Term

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
KS3 boys Swimming Club	Y8 Football v Little Lever (a)	Y9 Football Practice	Y10 Football v Little Lever (a)	PE detentions
Y8 & 9 Netball v St James (h)	Y10 Netball tournament @ Bolton School	Y7 Football (2 teams) v Kearsley (a)	Girls Football- all years	
Netball practice- all years	KS4 Fitness Suite	KS3 girls Swimming Club	KS4 Fitness Suite	
Y9 Football v Little Lever (a)	Running Club- all years	KS4 Fitness Suite- Girls Only		
Y7 Football Practice				

Week beginning 12th Oct

Forest School Inspired Poem

NOISES OF THE FOREST

By Safah K

The distant sounds of a mother bird's call.
A ruckus? Not at all.
These beautiful sounds are
stuck within the forest's compound.

A small breeze whistles
In which I pay no heed to
Flutters my hair bristles ..

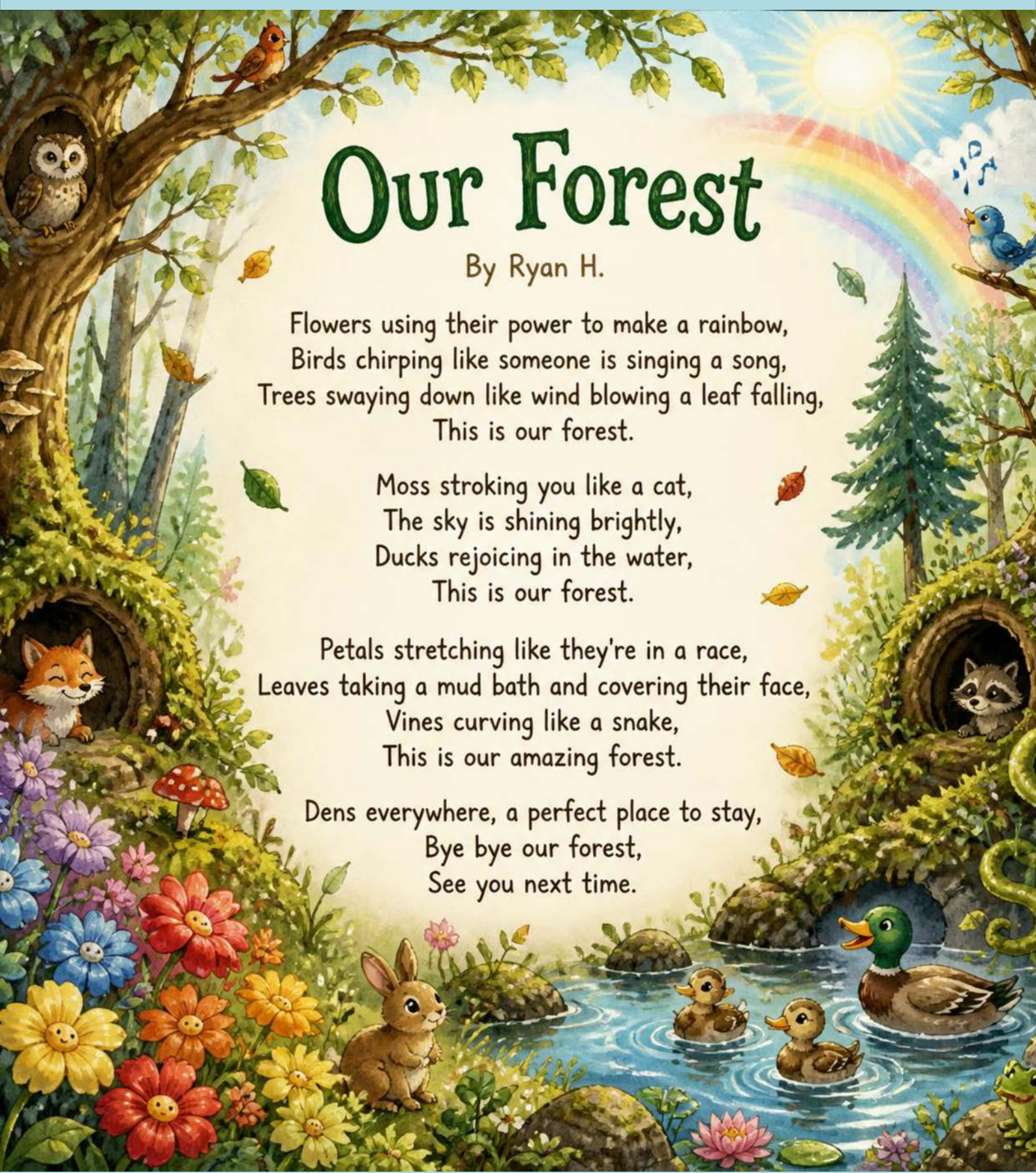
Moss grows.
Pond water flows
Ducks quack
Trees back to back
As their luscious green hair shakes in the wind
Bzz goes the bee
Ascending up the tree
The wind hums a lullaby
My face bright with gentle joy.

Leaves of golden brown
Gently flutter down to the ground
I think in my mind,
"What will I find,"
in this habitat of sound,"

Twig crunch beneath my feet
The ground and my body meet.
Trees move and sway
nothing keeps me at bay



Forest School Inspired Poem



Our Forest

By Ryan H.

Flowers using their power to make a rainbow,
Birds chirping like someone is singing a song,
Trees swaying down like wind blowing a leaf falling,
This is our forest.

Moss stroking you like a cat,
The sky is shining brightly,
Ducks rejoicing in the water,
This is our forest.

Petals stretching like they're in a race,
Leaves taking a mud bath and covering their face,
Vines curving like a snake,
This is our amazing forest.

Dens everywhere, a perfect place to stay,
Bye bye our forest,
See you next time.



ENGLISH NEWSLETTER

FRIDAY 9TH
OCTOBER

THE

LITERATURE SOCIETY

YEAR 7

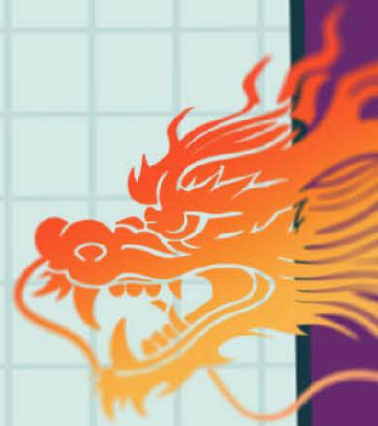
MYTHS AND LEGENDS



On Thursday 22nd October, as part of Sharples Literature Society 2026-27, Y7 students are involved in created projects on myths from around the world.



Already, we have over a dozen participations and more working in pairs - who will come out on top?



Come see Mr Husayn if you require any support before we quickly approach the end of term.

Remember

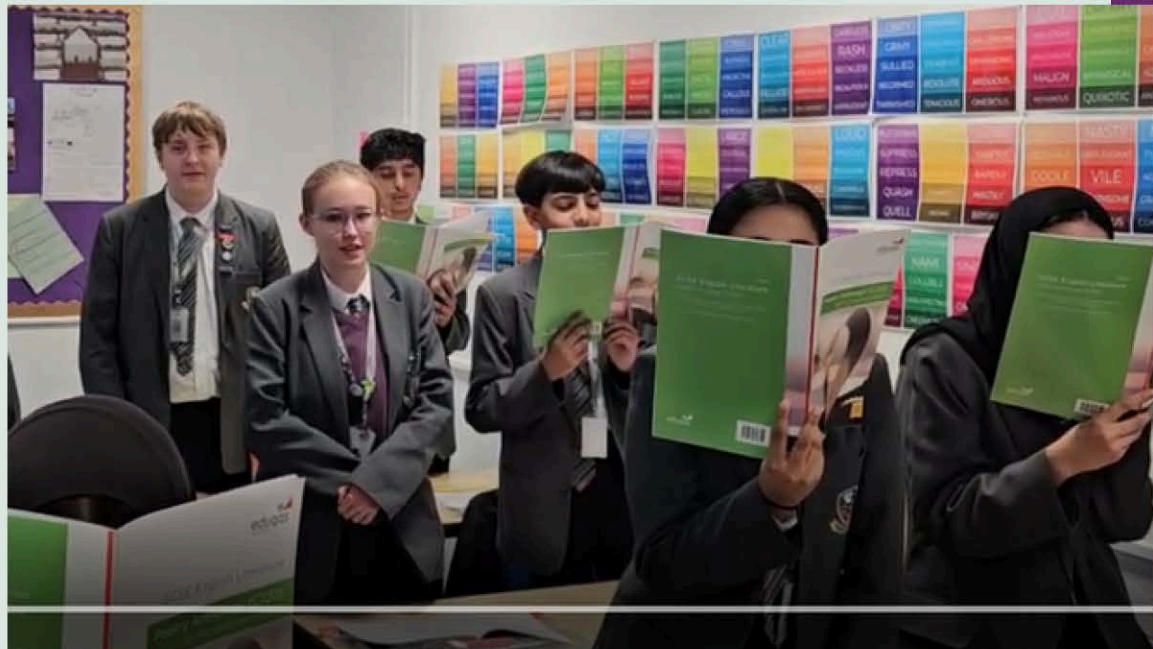
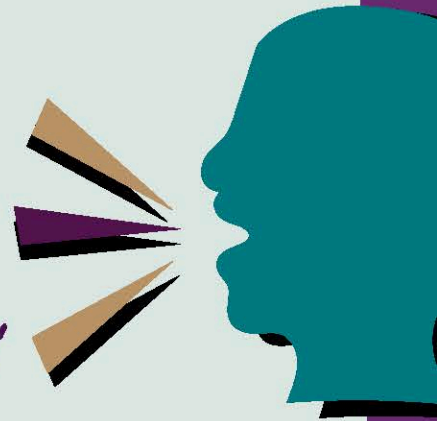
There'll be up to 100 reward points up for grabs and prizes with treats for the best. There'll even be a rewards trip at the end of the year for the winners!



ORACY OCTOBER

To promote confidence, clarity, and speaking aloud our classes have been involved in a variety of Oracy activities.

Below is a picture of Mr Husayn's Y10 class reciting the poem 'Drummer Hodge' by Thomas Hardy aloud.



SHARPLES RADIO

Check out the latest Sharples Radio Podcast on the Student Voice area of our school website.

<https://www.sharplesschool.co.uk/student-voice/>



POEM OF THE WEEK

Sonnet 73: That time of year thou mayst in me behold

By William Shakespeare

*That time of year thou mayst in me
behold*

*When yellow leaves, or none, or few, do
hang*

*Upon those boughs which shake against
the cold,*

*Bare ruin'd choirs, where late the sweet
birds sang.*

In me thou see'st the twilight of such day

As after sunset fadeth in the west,

*Which by and by black night doth take
away,*

*Death's second self, that seals up all in
rest.*

In me thou see'st the glowing of such fire

That on the ashes of his youth doth lie,

As the death-bed whereon it must expire,

*Consum'd with that which it was
nourish'd by.*

*This thou perceiv'st, which makes thy
love more strong,*

*To love that well which thou must leave
ere long.*



This is one of many
sonnets Shakespeare
wrote in his lifetime

Shakespeare
compares his aging
body to the chilly
coming of winter,
the fading colours
of twilight, and a
dying fire. He
reminds his
younger friend that
because life is
short, they should
treasure each other
even more deeply
while they can.

WORD OF THE WEEK

Diligent: Showing care
and effort in work or
duties.

"She is diligent in her
studies and always
completes her
homework."

WHAT'S ON

B^{🍪🍪}ks and Biscuits



Get yourself
along to one of
the many clubs
the English
Department
runs every
week!

WEDNESDAY:

DISNEY CLUB

Y7-8



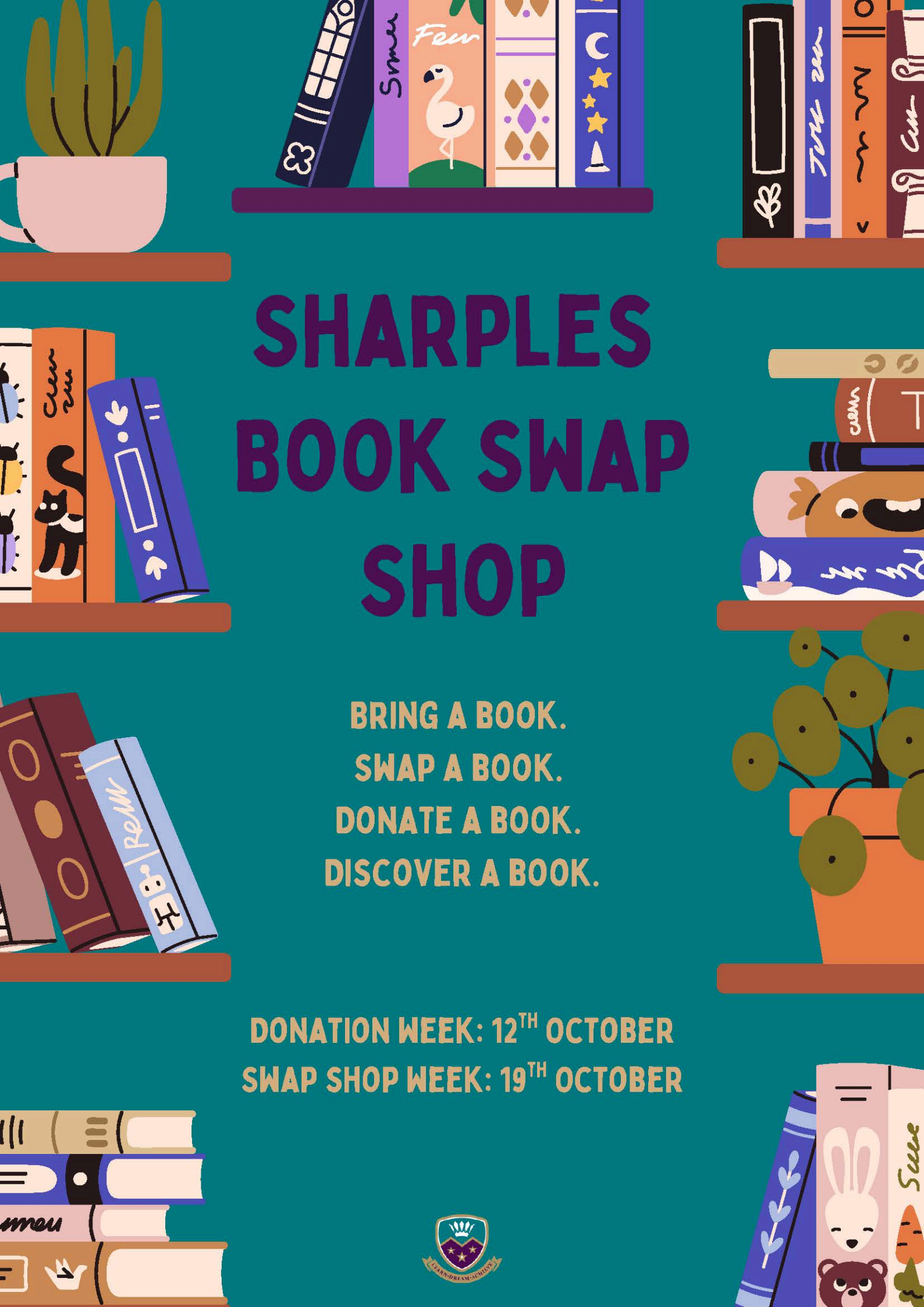
EVERY WEEK IN THE
LIBRARY AT
LUNCHTIME



Anime Club Wednesday
lunch in U15 -



FRIDAY QUIZ in the library!
Test your knowledge for fun

The background of the poster features several stylized bookshelves. At the top left, a pink pot holds a green plant. Below it, a shelf holds books with covers featuring a grid, a swan, and geometric patterns. To the right, another shelf holds books with abstract designs. On the left side, a shelf holds books with a cat and a robot. On the right side, a shelf holds books with a bear and a sailboat. At the bottom left, a stack of books is shown. At the bottom right, a shelf holds books with a rabbit and a bear. A potted plant with green leaves is on the right side. The school crest is at the bottom center.

SHARPLES BOOK SWAP SHOP

BRING A BOOK.
SWAP A BOOK.
DONATE A BOOK.
DISCOVER A BOOK.

DONATION WEEK: 12TH OCTOBER
SWAP SHOP WEEK: 19TH OCTOBER





BLACK HISTORY MONTH CONCERT

**TUESDAY 20TH OCTOBER
IN THE THEATRE
PERIOD 4 AND LUNCH**

To qualify for a ticket pupils must
have 100% attendance and 0
negatives in year 7 + 8.

Tickets cost £1 and will include entry to
the concert, early lunch during period 4
and a sweet bag.

A CELEBRATION OF BLACK COMPOSERS

PLAYLIST

Scan here to listen to our
Celebration of Black
Composers Playlist
OR go to
www.icancompose.com/BIHHPlaylist



BLACK HISTORY MONTH

1. — QUINCY JONES

1933 - PRESENT

- ▲ Soul Bossa Nova
- ▲ Main theme from The Colour Purple

8. — UNDINE SMITH MOORE

1913 - 1972

- ▲ Afro-American Suite for flute, cello & piano
- ▲ We shall walk through the valley in peace

15. — DOLORES WHITE

1932 - PRESENT

- ▲ Blues Dialogues for Solo Violin
- ▲ Sometimes I'm Not Myself

22. — FELA SOWANDE

1905 - 1987

- ▲ African Suite for String Orchestra
- ▲ Jubilate

29. — TRACY CHAPMAN

1964 - PRESENT

- ▲ Fast Car
- ▲ Give Me One Reason

2. — FLORENCE PRICE

1887 - 1953

- ▲ Symphony no.1 in E minor
- ▲ Fantasie Nègre

9. — WILLIAM GRANT STILL

1895 - 1978

- ▲ Symphony no.1 "Afro-American"
- ▲ 3 Visions

16. — ELEANOR ALBERGA

1949 - PRESENT

- ▲ Snow White and the Seven Dwarfs
- ▲ String Quartet no.1

23. — CELESTE

1994 - PRESENT

- ▲ Love is Back
- ▲ Stop this Flame

30. — RAY CHARLES

1930 - 2004

- ▲ What'd I Say
- ▲ I Got a Woman

3. — DUKE ELLINGTON

1899 - 1974

- ▲ Ko Ko
- ▲ Cotton Tail

10. — STORMZY

1993 - PRESENT

- ▲ Don't forget to breathe
- ▲ Blinded by Your Grace

17. — JAMES BROWN

1933 - 2006

- ▲ I Feel Good
- ▲ Papa's Got a Brand New Bag

24. — NINA SIMONE

1933 - 2003

- ▲ Revolution
- ▲ Backlash Blues

31. — JULIA PERRY

1924 - 1979

- ▲ Study for Orchestra
- ▲ Stabat Mater

4. — ERROL LYNN WALLEN

1958 - PRESENT

- ▲ Peace on Earth
- ▲ Woogle Boogie

11. — LAURYN HILL

1975 - PRESENT

- ▲ When it hurts so bad
- ▲ The Miseducation of Lauryn Hill

18. — WYNTON MARSALIS

1961 - PRESENT

- ▲ At the Octoroon Balls
- ▲ Blues Symphony

25. — LAURA MVULA

1986 - PRESENT

- ▲ Sing to the Moon
- ▲ Green Garden

5. — GEORGE WALKER

1922 - 2018

- ▲ Sinfonia no.5 "Visions"
- ▲ Lyric for strings

12. — HANNAH KENDALL

1984 - PRESENT

- ▲ Spark catchers
- ▲ A Winged Spirit

19. — YOLANDA BROWN

1982 - PRESENT

- ▲ Tokyo Sunset
- ▲ Fine Lines

26. — MILES DAVIS

1926 - 1991

- ▲ So What
- ▲ Love for Sale

6. — ALEXIS FFRENCH

1970 - PRESENT

- ▲ Walk With Us
- ▲ Dreamland

13. — JOSEPH BOLOGNE

1745 - 1799

- ▲ Symphony no.1 in G major
- ▲ String quartet no.1 in C major

20. — JON BATISTE

1986 - PRESENT

- ▲ It's All Right (from Soul)
- ▲ We Are

27. — JESSIE MONTGOMERY

1981 - PRESENT

- ▲ Starburst
- ▲ Banner for string quartet & string orchestra

7. — MARGARET BONDS

1913 - 1972

- ▲ Troubled Water
- ▲ Bright Star

14. — SAMUEL COLENDGE-TAYLOR

1875 - 1912

- ▲ Deep River
- ▲ Symphonic variations on an African Air

21. — AYANNA WITTER-JOHNSON

1986 - PRESENT

- ▲ Movement - Variation II
- ▲ Rise Up

28. — JOHN COLTRANE

1926 - 1967

- ▲ Alabama
- ▲ Giant Steps

Black History Month is dedicated to celebrating and learning about Black heritage. It gives everyone the opportunity to recognise the achievements of and share appreciation of those with African or Caribbean backgrounds.

This calendar is a celebration of black composers and is intended to inspire everyone to explore the lives and works of these great musicians.

www.icancompose.com

I Can
Compose

YEAR 11

MATHS ENRICHMENT

**TACKLE TRICKY PROBLEMS TO PREPARE
FOR THE UKMT INTERMEDIATE CHALLENGE!**

**WHEN: THURSDAY LUNCHTIMES
WHERE: U31**

**STARTING: THURSDAY 15 OCTOBER
DEVELOP LOGIC, STRATEGY,
& THINKING SKILLS!**



**UKMT INTERMEDIATE CHALLENGE
WEDNESDAY 27 JANUARY 2027**



Sharples

SCHOOL

RECIPE OF THE WEEK

Jamie Oliver's 50/50 Bolognese

A budget-friendly family favorite that swaps half the minced meat for red lentils—doubling your portions for half the cost!

PREP TIME

15 mins

COOK TIME

45 mins

SERVINGS

6 - 8 Portions

EST. COST

~£0.65 / serv

Ingredients

Beef or pork mince	250g
Dried red split lentils	150g
Tinned chopped tomatoes	2x 400g
Onions, finely chopped	2 medium
Carrots, finely diced	2 medium
Celery sticks (optional)	2 sticks
Garlic, minced	2 cloves
Tomato purée	1 tbsp
Vegetable/Beef stock	400ml
Dried oregano / herbs	1 tsp
Olive or vegetable oil	1 tbsp
Spaghetti (for serving)	As needed

Method

1 Build the Base

Heat 1 tbsp of oil in a large casserole dish or saucepan over medium heat. Add the chopped onions, carrots, and celery. Cook gently for 8–10 minutes until soft and sweet. Add the minced garlic for the final minute.

2 Brown the Meat & Spices

Increase heat slightly and add the minced beef. Break it up with a wooden spoon and cook for 5 minutes until browned. Stir in the tomato purée and dried oregano, cooking for 1 minute.

3 Simmer Sauce & Lentils

Rinse the red lentils and add them to the pan along with the tinned tomatoes and hot stock. Bring to a boil, then cover with a lid and simmer gently on low heat for 40–45 minutes until the lentils are tender and sauce is thick.

4 Season & Serve

Season with sea salt, black pepper, and a pinch of sugar if needed. Serve over cooked spaghetti with a light grating of cheddar or parmesan cheese.

Jamie's Money-Saving Hacks

Batch & Freeze: Divide leftover sauce into container portions and freeze for up to 3 months.

Second Meal Transformation: Top leftover sauce with mashed potatoes and bake for an effortless 50/50 Cottage Pie!



BACC CLUBS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Latin Club HAV - AS	Books & Biscuits NTO - Library	Disney Club HPA - Library	Creative RE PMC - U32	LGBTQ Club HAV - U51
Recycled Art JLO - G60	Running Club MHT - AS	Anime Club SHU - U15	Gardening Club CFI/JBI - U47	Sharples Arrows OJE/DSI - U35
Calculated Colouring LDA - G16	3D Printing HGL - G59	Youth Speaks ACH/IHA - U15	Sharples Synth Orchestra AKE - M1	Cooking Club MBR - G83
Card Games KMC - G46	Music Club CAB - M2	Antarctica Flag Competition CGR - U38	Christmas Choir CAB - M2	Chess Club KMC - G46
Sharples Techies THA - G67	Sharples Voices AKE - M1	Musical Theatre (Y8) CAB - M2	Basketball LAL - SH	Sharples Stars THA - G67
Polyglot Club SBH - N10	Dodgeball Club CCH - SH	Sharples Voices AKE - AS	Seussical Rehearsals CAB - AS	Calm Creative RQU - N11
Sharples Symphony AKE/CAB - M1	Seussical Rehearsals CAB - AS	Just Dance LAL - SH	Football (Y8) AHM - Astro	Concert Rehearsals CAB/AKE - M1



MENU

KEY

5
A DAY

- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE

MEAT
FREE

- MEAT-FREE MONDAY



- PLANT-BASED (VEGAN)

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Chicken Tikka Macaroni Cheese £1.85	Traditional Meat & Potato Pie with Mushy Peas £2.10	Fish and Chips £2.10	Sausage Mash and Beans £2.10	Chinese Chicken Curry of the Day £2.10
Vegetarian Main Dish	Phav Bhaji served with Naan Bread and Salad £1.85	Quorn Bolognese and Garlic Bread £1.85	Cheese Pastie and Chips £2.10	Quiche of the Day With Salad £1.85	Tugo Pizza Slice £1.50 5 Extra Topping £1.85
And There's More...	Panini - £1.95 Sandwich - £1.45- £1.85 Jacket Potato and Filling from - £1.85 Salad box - £2.00 Vegetables of the Day - 42p	Panini - £1.95 Sandwich - £1.45- £1.85 Jacket Potato and Filling from - £1.85 Salad box - £2.00 Vegetables of the Day - 42p	Panini - £1.95 Sandwich - £1.45- £1.85 Jacket Potato and Filling from - £1.85 Salad box - £2.00 Vegetables of the Day - 42p	Panini - £1.95 Sandwich - £1.45- £1.85 Jacket Potato and Filling from - £1.85 Salad box - £2.00 Vegetables of the Day - 42p	Panini - £1.95 Sandwich - £1.45- £1.85 Jacket Potato and Filling from - £1.85 Salad box - £2.00 Vegetables of the Day - 42p
Love Joes	Love Joes Curry & Rice £1.90 Chicken Curry of the Day with Rice £2.10	Love Joes Curry & Rice £1.90 Chicken Curry of the Day with Rice £2.10	Love Joes Curry & Rice £1.90 Chicken Curry of the Day with Rice £2.10	Love Joes Curry & Rice £1.90 Chicken Curry of the Day with Rice £2.10	Love Joes Curry & Rice £1.90 Chicken Curry of the Day with Rice £2.10
Pasta King	Pasta Sauce of the Day with Garlic Bread £2.10	Pasta Sauce of the Day with Garlic Bread - £2.10	Pasta Sauce of the Day with Garlic Bread - £2.10	Pasta Sauce of the Day with Garlic Bread - £2.10	Pasta Sauce of the Day with Garlic Bread - £2.10
Dessert	Fruit Pots - 55p-90p Cake of the Day - 72p Cookie - 50p Large Cold Dessert - £1.10 Hot Pudding - 90p	Fruit Pots - 55p-90p Cake of the Day - 72p Cookie - 50p Large Cold Dessert - £1.10 Hot Pudding - 90p	Fruit Pots - 55p-90p Cake of the Day - 72p Cookie - 50p Large Cold Dessert - £1.10 Hot Pudding - 90p	Fruit Pots - 55p-90p Cake of the Day - 72p Cookie - 50p Large Cold Dessert - £1.10 Hot Pudding - 90p	Fruit Pots - 55p-90p Cake of the Day - 72p Cookie - 50p Large Cold Dessert - £1.10 Hot Pudding - 90p

GRAB SOME STREET FOOD FOR HEALTHY MEALS ON THE GO





BLACK HISTORY MONTH

Mellors
FOOD
HAPPY



MAIN

Jollof Rice

£1.80

Roasted Veg Suya

£1.10

DESSERT

**Qatayef with Mango
& Banana**

£1.10

TASTE THE HISTORY – 15TH OCTOBER



 www.mellorscatering.co.uk

TEAMWORK
DETERMINATION
OPPORTUNITY

MORE
THAN
A GAME



FOOTBALL FIXTURES

LEARN • DREAM • ACHIEVE



WED 23RD SEPT



Y9 v Kearsley (a)
Bolton Cup



MON 28TH SEPT



Y7 'A' v Canon Slade (a)



Y7 'B' v Canon Slade (a)



TUE 29TH SEPT



Y10 v Rivington & Blackrod (a)
Bolton Cup



WED 30TH SEPT



Y7 v Crompton House - Rochdale (a)
GM Cup



Y8 v Kings Academy (a)
Bolton Cup



TUE 6TH OCT



Y8 @ Canon Slade v their 'B' team (a)
(11 a-side)



WED 7TH OCT



Y7 v St Joseph's (a)



THU 8TH OCT



Y9 v St Joseph's (h)



MON 12TH OCT



Y9 v Little Lever (a)



TUE 13TH OCT



Y8 v Little Lever (a)



WED 14TH OCT



Y7 v Kearsley Academy (a)
Bolton Cup



Y7 'B' v Kearsley (a)
Friendly



THU 15TH OCT



Y10 v Little Lever (a)



WED 21ST OCT



Y7 v Little Lever (a)



TBC



Y11 v Co-Op Academy North (a)
GM Cup - TBC



Y11 v Kings Academy/
St Catherine's (a)
Bolton Cup - TBC

OUR SCHOOL
OUR TEAM
OUR FUTURE



RESPECT



INCLUSION



ENJOYMENT



SUCCESS

PLAY

DEVELOP

BELONG

TEAMWORK
DETERMINATION
OPPORTUNITY

MORE
THAN A
GAME



GIRLS FOOTBALL FIXTURES

LEARN

DREAM

ACHIEVE

THURSDAY 8TH OCTOBER



YEAR 7 VS ST JAMES (AWAY)



YEAR 9/10 VS ST JAMES (AWAY)

MONDAY 19TH OCTOBER



YEAR 8 VS ST JAMES (AWAY)

THURSDAY 22ND OCTOBER

KS4 VS BOLTON SCHOOL (AWAY)



MORE INFO



**GET CHANGED @ LUNCH
FOR AWAY GAMES. IF YOU
HAVE SHINPADS AND LONG
SOCKS PLEASE BRING.**



**MORE FIXTURES COMING
SOON...**

OUR SCHOOL
OUR TEAM
OUR FUTURE



RESPECT



INCLUSION



ENJOYMENT



SUCCESS

PLAY | DEVELOP | BELONG



NETBALL FIXTURES

LEARN • DREAM • ACHIEVE



**MORE
THAN
A GAME**



TUES 29TH SEPTEMBER



YEAR 10 VS BSCA AWAY

MON 5TH OCTOBER

YEAR 7 A+B ST JAMES AWAY

TUES 6TH OCTOBER

YEAR 11 TOURNAMENT @ BOLTON

MON 12TH OCTOBER

YEAR 8+9 VS ST JAMES @ HOME

TUES 13TH OCTOBER

YEAR 10 TOURNAMENT @ BOLTON

**TEAMWORK
DETERMINATION
OPPORTUNITY**

MORE INFO

 **GET CHANGED @ LUNCH FOR AWAY GAMES.**

 **IF YOU ARE SELECTED PLEASE LET A MEMBER OF STAFF KNOW IF YOU ARE UNABLE TO PLAY ASAP**



RESPECT



INCLUSION



ENJOYMENT



SUCCESS



Sharples
SCHOOL

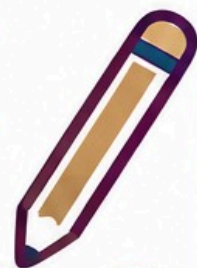
CALCULATED COLOURING CLUB

Monday Lunchtime
G16
For Year 7





PUZZLE MASTER



Create Your Own Puzzle!

Create your own Sudoku, logic puzzle, number puzzle or mathematical riddle for someone else to solve. Include the solution.

EXAMPLE

Here is an example of a Sudoku puzzle (which you can use as inspiration):

5	3			7				
6					1	9	5	
	9	8					6	
8				6				3
4			8		3			1
7					2			6
	6					2	8	
	4	1	9				5	
		8				7	9	

This is just an example!

Solution

Here is one possible solution to the puzzle:

5	3	4	6	7	8	9	1	2
6	7	2	1	9	5	3	4	8
1	9	8	3	4	2	5	6	7
8	5	9	7	6	1	4	2	3
4	2	6	8	5	3	7	9	1
7	1	3	9	2	4	8	5	6
9	6	1	5	3	7	2	8	4
2	8	7	4	1	9	6	3	5
3	4	5	2	8	6	1	7	9

Good luck with your puzzle!



Entries to be handed to your maths teacher by

Friday 6th November



BOLTON UNITED **NETBALL**



GIRLS AGED
11 - 16



SATURDAYS
10AM - 11AM



SHARPLES SCHOOL
Hill Cot Road, Bolton,
BL1 8SN



6 WEEK BLOCK
PAYMENT



REGISTER USING
LINK BELOW



FOR ANY ENQUIRIES CONTACT

07807 245346

