

Sharples 5 C H O O L Newsletter

Issue 527 12th September 2025

Freshers Fair 2025!



It was fantastic to see all of Year 7 gathered in the theatre on Wednesday lunchtime for our annual Freshers Fair! The theatre was filled (as pictured above) with excited students exploring the huge variety of clubs on offer at Sharples this term. There was something for everyone with 3D printing, darts and gardening club amongst the most popular! Year 7 are now all set to start earning their Sharples Bacc points. If they reach enough points, they will earn themselves some exciting rewards at the end of term! Details of clubs can be found at the end of the newsletter. We encourage all Year 7 and Year 8 students to attend at least 2 a week!



Sharples s c H o o L Newsletter

The Sharples Canteen - by Mellors Information for new parents



Students have a £4.00 daily limit and once that's spent no more items can be bought that day.

Each student will place their finger/lanyard onto the pad so the monies can be taken of their accounts for each sale.

For students on Free School Meals, there is a £2.53 daily allowance, and again once that's spent no more can be purchased unless they top-up their accounts with their own money and then the £4.00 daily allowance will come into effect.

We allow for a small overdraft for students who top up their accounts of - £5.00 if needed, but parents/students will have to top-up accounts before this limit is reached so students can't go into significant debt.

We aim to serve every student who visit the canteen with a meal each day, and can check if this has happened if needed throughout the day

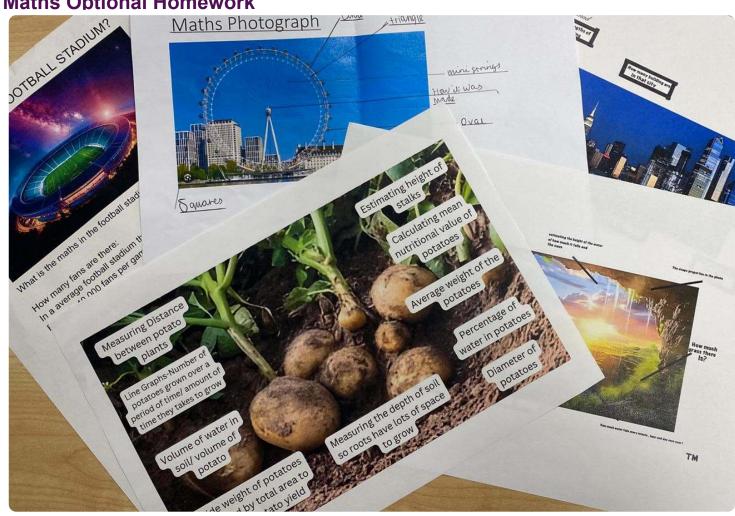
The catering staff can help when needed if a student is reaching the daily limit and will offer alternative items.

The menu and pricelist is included towards the back of this newsletter.



Sharples s c H o o L Newsletter

Maths Optional Homework



As the new school term begins, we are excited to launch our optional maths homework for Year 7 and Year 8 students. Year 9 and Year 10 should keep an eye out, as their optional tasks will be introduced soon.

Throughout the year, we'll be setting engaging challenges that connect maths to realworld problems. Completed homework can be handed in to your class teacher or Mrs Helm any time before the deadline, and you'll earn reward points for your efforts.

Please see above for some great submissions from last year to inspire you.

Further details will be available on Student Portal.



Saturday 20 September 10am-2pm

runshaw.ac.uk/openevent



Sharples School, Hill Cot House, Hill Cot Rd. Bolton, BL1 8SN Tel: 01204 333253 Fax: 01204 333250 www.SharplesSchool.co.uk.



Sharples school Newsletter

Year 7 Netball and Football



We have been so impressed with the number of Year 7 students who have signed up for our netball and football clubs this week! The enthusiasm and energy shown has been brilliant, and it is fantastic to see so many pupils keen to get involved! We look forward to the fixtures starting next week!





Sharples 5 C H O O L Newsletter

Dates for your Diary

Thursday 18th September: Year 11 History trip to Hardwick Hall

Friday 19th September: Freshers Disco (Year 7 only)

Friday 19th September: Freshers library lock-in, from 6.00pm

Wednesday 24th September: Year 11 Spain trip parents evening

Thursday 25th September: Open Evening (16:00 – 19:00)

Attendance Information

Reporting an absence:

If your child is too ill to attend school, please contact the school before 9.30am with full details of your child's illness/symptoms. The attendance email is the easiest way to contact school as the phone line can get very busy.

The school attendance email is: attendance@sharplesschool.co.uk

If we are unable to make contact and you do not provide a reason for your child's absence, this absence will be recorded as unauthorised.

Attendance Data

Best forms this week: Year Groups attendance this week:

> 7Ples2 & 7Ples4 = 100% Year 7 = 98.72%

Year 8 = 97.92% 8Shar2 = 100%

Year 9 = 96.84% 9Ples1 = 99.11%

Year 10 = 96.69% 10Ples5= 100%

Year 11 = 96.79% 11Shar1= 99.49%

1044 pupils have achieved 100% this academic year

Career of the Week: Optometrist

Optometrists test vision, identify eye health problems, prescribe glasses and fit contact lenses.

Average Salary:

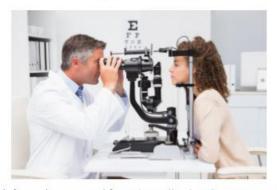
£39,000 £63,000 Experiences

Typical hours: (per week)

37 to 40

You could work:





Qualifications:

- You can apply for this job through; a university degree.
- 5 GCSEs at grades 9 to 4 (A* to C), or equivalent, including English, maths and science.
- 3 A levels, or equivalent, including at least 1 science.

Skills required:

- Knowledge of medicine and dentistry.
- Customer service skills.
- To be thorough and pay attention to detail.
- Thinking and reasoning skills.
- Excellent verbal communication skills.
- Knowledge of biology.
- Sensitivity and understanding.
- Analytical thinking skills.
- To be able to carry out basic tasks on a computer or hand-held device.

Relevant Subjects:

English, Maths, Science and Health & Social Care.

Information sourced from: https://nationalcareers.service.gov.uk/job-profiles/fitness-instructor





Sharples 5 C H O O L Newsletter



PE Lunch Time Clubs - This Half Term

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Y7 Football (Big Astro) - AHM Y11 Football (Small astro) JBA Netball Yr 7/8 (SH) - LAL	Y8 Football (Big Astro) - PGR Y10 Football (Small astro) JBA KS3 Dodgeball (SH) - LAL/AHM Sports studies catch up/KS3 hmwk- AHM	Y7 Football (Big Astro) - AHM Y11 Football (Small astro) JBA Just Dance- all years (SH) - LAL/PGR	Y10 Football (Big Astro) - AHM Y11 Football (Small astro) JBA Basketball (SH) - LAL	Y9 Football (Big Astro) - AHM Y11 Football (Small Astro) - JBA Y7 Girls Football (SH) - LAL



PE After School Clubs - This Half Term

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
KS3 boys Swimming Club Netball - all years Y7 Boys football	Y7 Football v Thornleigh (a) 2 teams KS4 Fitness Suite	Y10 GM game 3pm KO (h) Y9 Football practice KS3 Girls swimming KS4 Girls Fitness	Girls Football Y8 Football v Thornleigh (a) KS4 Fitness Suite	PE detentions

Week beginning 15th Sept





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3D Printing Club HGL - G59	Book Club NTO - Library	Anime Club SHU - U15	Rock School CAB - G29	Chess Club <i>KMC - G46</i>
Nasheed Club CAB - G29	Running Club MHT - AS	Sharples Arrows OJE - U35	Legally Blonde Rehearsals GTH/AKE - AS	Antarctica Flag Competition CGR - U38
Techies GTH - G67	Orchestra AKE - G66	Mock Trial IHA - U12	Gardening Club JBI/CFI - G29	Sharples Stars GTH - G67
Legally Blonde Rehearsals GTH/AKE - AS	Sharples Voices CAB/AKE - AS	Art Club JLO/SSW - G60	Calculated Colouring LDA - G16	Y7 Girls Football <i>LAL - SH</i>
Y7 Football AHM - Big Astro	Creative RE PMC - U32	Band Rehearsals AKE - AS	Basketball LAL - SH	Be Kind to My Mind RPO - U46
Netball Club LAL - SH	Dodgeball AHM - SH	Just Dance PGR - SH		Robotics Club ENE - U39

WATT'S FOR LUNCH? FUEL YOUR DAY WITH A HEALTHY SCHOOL LUNCH

. Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	HOMEMADE MEAT PIE & MASH POTATO £1,85	INDIAN CURRY OF THE DAY E2.10	CHEESEBURGER & CHIPS £2.10	HOMEMADE VEG LASAGNE £1.85	POTATO & SPINACH CURRY £1.85
Vegetarian Main D&k	QUORN BOLOGNAISE £1.80	VEG BIRYANI £1.80 5	VEG BURGER & 5 CHIPS £2.10	CHEESE FLAN £1.85	PIZZA OF THE DAY
And there is more	SANDWICH SELECTION £1.45 -£1.85 JACKET POTATO & FILLING £1.85 SALAD BOX £1.90	SAME AS MONDAY	SAME AS MONDAY	SAME AS MONDAY	SAIME AS MONDAY
Street Food	Love Joes Curry Pot £1.90 Panini £1.95	Love Joes Curry Pot £1.90 Panini £1.95	Love Joes Curry Pot £1.90 Panini £1.95	Love Joes Curry Pot £1.90 Panini £1.95	Love Joes Curry Pot £1.90 Panini £1.95
Italian Daily Special	Pasta King Sauce of the Day £1.90	Pasta King Sauce of The Day £1.90	Pasta King Sauce of the Day £1.90	Pasta King Sauce of the Day 1.90	Pasta King Sauce of the Day £1.90
Dessert	Fruit Pots 55p-£1.30 Traybake 72p Biscuit 50p Cheese & Crackers 85p	Fruit Pots 55p-£1.30 Traybake 72p Biscuit 50p Cheese & Crackers 85p	Fruit Pots 55p-£1.30 Traybake 72p Biscuit 50p Cheese & Crackers 85p	Fruit Pots 55p-£1.30 Traybake 72p Biscuit 50p Cheese & Crackers 85p	Fruit Pots 55p-£1.30 Traybake 72p Biscuit 50p Cheese& Crackers 85p
MEAT - NEAT-PREE MO DAY		- PLANT-BASED (VEGAN)		Mellons	











Friday	Thursday	Wednesday
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- CHEF'S CHOICE	OF YOUR 5 A DAY	N. A.











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ROAST OF THE DAY

HOMEMADE MEAT &

POTATO PIE

£1.85

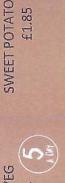
Monday

Week 2

Tuesday



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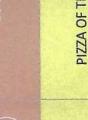
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BHARJI BURGER IN A

VEGETARIAN ROAST

VEG NOODLES

£1.80

OF THE DAY

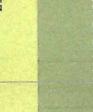
£2.10

FOLDED NAAN

£1.85

£1.80







SAME AS MONDAY

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SAME AS MONDAY

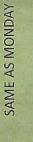
JACKET POTATO & FILLING

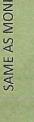
SANDWICH SELECTION

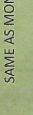
£1,45-£1,85

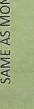
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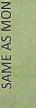
SALAD BOX £1.90

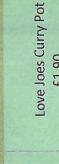












Love Joes Curry Pot

Love Joes Curry Pot

Love Joes Curry Pot

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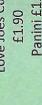
£1.90

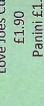
Panini £1.95

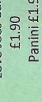
Panini £1.95

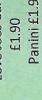
Panini £1.95

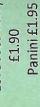
Panini £1,95













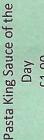




Pasta King Sauce of the

£1.90

£1.90







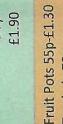












Fruit Pots 55p-£1.30

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Traybake 72p

Biscuit 50p

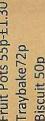
£1.90

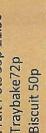
Traybake 72p Biscuit 50p

Traybake 72p Biscuit 50p

Traybake 72p

Biscuit 50p







Cheese & Crackers 85p

Cheese & Crackers 85p

Cheese & Crackers 85p

Cheese & Crackers 85p

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GRAB SOME STREET FOOD FOR HEALTHY NEALS ON THE GO

BE A HIGH-FLYER... A HEALTHY SCHOOL LUNCH SUPPORTS YOUR LEARNING!

1							
Friday	SALSA POTATO £1.80 ment	PIZZA OF THE DAY £1.50	SAIME AS IMONDAY	Love Joes Curry Pot £1.90 Panini £1.95	Pasta King Sauce of the Day £1.90	Fruit Pots 55p-£1.30 Traybake 72p Biscuit 50p Cheese & Crackers 85p	recommendation reconstitution of the contract
Thursday	HOMEMADE MACARONI CHEESE £1.80	PAV BHAJI IN A BUN WITH SALAD £1.80 5	SAME AS MONDAY	Love Joes Curry Pot £1.90 Panini £1.95	Pasta King Sauce of the Day £1.90	Fruit Pots 55p-£1.30 Trayba'ce 72p Biscuit 50p Cheese & Crackers 85p	
Wednesday	CRISPY BATTERED FISH & CHIPS £2.10	CHEESE PASTIE & CHIPS £2.10	SAME AS MONDAY	Love Joes Curry Pot £1.90 Panini £1.95	Pasta King Sauce of the Day £1.90	Fruit Pots 55p-£1.30 Traybake 72p Biscuit 50p Cheese & Crackers 85p	
Tuesday	CHINESE CURRY OF THE DAY E2.10	CHINESE VEG NOODLES £1.85	SAME AS MONDAY	Love Joes Curry Pot £1.90 Panini £1.95	Pasta King Sauce of the Day	Fruit Pots 55p-£1.30 Traybake 72p Biscuit 50p Cheese & Crackers 85p	
Monday	SAUSAGE & MASH £1.85	HOMEMADE CHICKPEA & LENTIL CURRY £1.80	SANDWICH SELECTION £1.45- £1.85 JACKET POTATO & FILLING £1.85 SALAD BOX £1.90	Love Joes Curry Pot £1.90 Panini £1.95	Pasta King Sauce of the Day £1.90	Fruit Pots 55p-£1.30 Traybake 72p Biscuit 50p Cheese & Crackers 85p	
Week 1	Main Dish	Vegetarian Main Dish	And there is more	Street Food	Italian Daily Special	Dessert	











PLANT-BASED (VEGAN)

DRINKS	FRUIT AND TRAY	SIDE DISHES
	BAKES	
HOT DRINKS – 90P	FRUIT POT 55P-85P	JACKET POTATO – 80p
FLAVOURED WATER - 90P	CHEESECAKE £1.00	POTATO SIDE – 80p
LARGE WATER – 75P	GRANOLA POT – 80p	BARMCAKE - 35P
MILKSHAKE – 70P	WHOLE FRUIT – 40p	SIDE SALAD – 40p
SMALL WATER – 55p	LRG FRUIT POT - £1.30	CHEESE PORTION – 40p
PURE JUICE – 60p	LRG COLD DESERT £ 1.10	BEANS/VEGETABLES – 42p
FIZZY DRINK – 95P	TRAY BAKE – 72p	SOUP - 80P
CUPLET – 32P	BISCUIT – 50p	GARLIC BREAD- 25p
	HOT PUDDING & CUSTARD – 90p	CHIPS - £1.15
	YOGHURTS – 75p	INDIAN/CHINESE SNACKS -30P
	CRACKERS- 85p	
	SMALL JELLY POT – 35P	
	LRG JELLY POT 61p	
	CRAFTED BY MELLORS £1.00	

GRAB AND GO ITEMS

CURRY POT-£1.90	SANDWICH-£1.45- £1.85	LRG SALAD BOX £1.90	PANNINI - £1.95
PASTA KING -£1.90 ADD CHEESE £2.10	COLD DESSERT FROM 50p-£1.05	COLD WRAPS £1.85	MAIN MEAL DEAL £2.53 INC DRINK OR BISCUIT/TRAYBAKE

MAIN DISHES

HOMEMADE PHAV BHAJI WITH SALAD £1.80	ROAST DINNER OF THE WEEK- £2.10(week 2)	MEAT AND POTATO PIE £1.85
PIZZA - £1.50	VEG NOODLES- £1.80	MEAT PIE & MASH- £1.85
SALSA POTATO & SALAD-£1.80	FISH & CHIPS £2.10	BHAJI BURGER WITH SALAD - £1.85
SAUSAGE & MASH £1.85	CHEESEBURGER - £1.85	VEG LASAGNE £1.85
CHINESE DISH OF THE WEEK - £2.10 (week 1)	SWEET POTATO ENCHILLDA - £1.85	CHEESE FLAN £1.85
INDIAN DISH OF THE WEEK £2.10 (week 3)	BIRYANI - £1.80	MAC CHEESE - £1.80

VEG MOUSSAKA - £1.85	CHEESE FLAN - £1.85	HOMEMADE POTATO & SPINACH CURRY- £1.85	
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MORNING BREAK

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SAUSAGE OR BACON BARM - £1.4	CINAMMON SWIRL-£1.18	TOAST-32P
TEACAKE -50P	CROISSANT-70P	PANCAKE/POTATO CAKE-45P
CHEESE ON TOAST-70P	CRUMPET-41P	WAFFLE-£1.10

Year 8 Maths Optional Homework Create your own Maths board game

Reward Points Available!

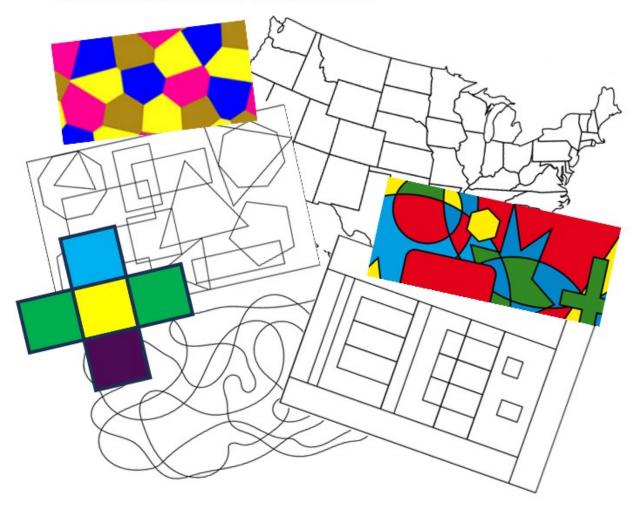
- Your task is to plan and create a Maths board game which can be played. This means that you have to carefully consider a number of things in order to produce a game which at the end can be played in a classroom.
- What type of game you wish to create what is the outcome?
 how do you win?



- Planning templates are available on Student Portal or in U27.
- Your submission could either be by hand or electronically.
- Hand in to your teacher by Monday 3rd November to receive your reward points.

Year 7 Optional Maths Homework Challenge Reward Points Available!

"The Four Colour Theorem states that it will take no more than four different colours to colour a map or similar diagram so that no two regions sharing a border are coloured in the same colour."



- Select one or more of the maps/diagrams (available in u27).
- Colour it using a maximum of 4 colours.
- You can use the website to practise/check your answers.
 But your submissions must be coloured by hand, not electronically.
- Hand in to your teacher by Monday 3th November.

https://www.transum.org/Maths/Activity/Colouring



Dear Parent / Carer,

Over the coming weeks your child may mention they have been made aware of a service called Kooth. Kooth.com is a free online mental health and wellbeing service for young people aged 10+. It provides early intervention mental health support and works with schools and professionals across over 90% of the UK.

Kooth supports young people across the UK with a range of difficulties such as:

- Sadness, low mood and anxiety
- Loneliness, isolation and stress
- Self-harm and suicidal thoughts
- Difficulties at school and college
- Eating difficulties and body image concerns

All our BACP qualified therapists are online Monday to Friday from 12pm until 10pm and on weekends, 6pm until 10pm. Users can still message the team 24 hours a day to get a next day response.

There is also access to our fully moderated support forums, self-help tools, and online magazine. All content is pre-moderated before going 'live' on the site, allowing for young people to offer and receive peer support in a safe and secure online environment.

How to join Kooth:

It only takes a few minutes to register online at www.kooth.com. No formal referral is needed.

Support for Parents and Carers:

www.gwell.jo is our free online mental health and wellbeing service for anyone aged 26+

To learn more about Kooth please visit our information centre: https://explore.kooth.com/families/

If you have any questions please contact our team directly: parents@kooth.com







Bolton Community Safety Event



Thursday 9th October | 10:30am - 12:30pm Bolton UCS, BL3 5AG

Join us to build awareness and take action on key issues affecting our young people:

- Child criminal exploitation(CCE)
- Knife Crime
- Local community safety challenges SCAN TO REGISTER FOR FREE RAFFLE ON ARRIVAL

What's happening?

- Presentations from Greater Manchester police, CST and local agencies
- Carousel sessions to connect with support services
- oppurtunities to share ideas and collaborate
- snacks and drinks provided

Raffle in support of local safety
Initiatives - donations welcome. Prizes to be
won - day out vouchers, restaurants and many
more.





All safeguarding leads, school staff, youth groups and parents welcome









QUEST TRUST
Supporting Young People from
Early Years to Employment

Please contact
Sanaa Karajada
s.karajada@quest
-trust.org.uk for
more details

You're Invited - Bolton Community Safety Event (Thursday, 9th October)

Dear Parents and Carers,

We would love to invite you to join us at the Bolton Community Safety Event on Thursday 9th October, 10:30 AM – 12:30 PM at Bolton UCS.

This event is all about keeping our children and young people safe and building a stronger, safer community for everyone.

What's it about?

Our children and young people face many challenges today, including:

- Online safety
- Child exploitation
- Knife crime
- And other risks affecting families in Bolton

At this event, you'll hear directly from Greater Manchester Police, CST, and local support services about what's happening in our community and how we can work together to protect and support our children.

Why you should come?

- Learn about the support and resources available to you and your family.
- Meet other parents, schools, and local organisations who care about our young people.
- Take part in activities and conversations that can make a real difference.
- Enjoy free snacks and refreshments while connecting with your community.

We want to see as many parents as possible at this event—not just those who may be worried about their children, but also those who are already actively involved and want to help strengthen our community voice.

If travel is a challenge, schools will do their best to support with transport, so please let them know if you need help getting there.

Extra note

There will also be a raffle on the day to raise money for local safety projects. If you or your school can donate towards raffle hampers, it would be greatly appreciated.

To attend, simply scan the QR code on the poster or let your school know you would like to attend.

For more information, please contact - Sanaa Karajada s.karajada@quest-trust.org.uk.

Together, we can make Bolton a place where every child and young person feels safe, supported, and able to thrive.

We hope to see you there!

What is Child financial exploitation ?

Have you got your own bank account? Do you have a bank card? If you do, you need to know about CFE.

CHILD FINANCIAL EXPLOITATION or CFE for short, is when criminals groom children, so they can exploit them and use their bank accounts to commit crimes like money laundering or fraud.

They want to hide money made from crime, and they use children and young people to do this.

USING PEOPLE LIKE THIS IS A CRIME AND IT IS ABUSE!

LOOK OUT FOR!



A stranger or "new friend" asks for your bank account details.

They message you through games or social media.

Promise of "easy money" for doing nothing.

They ask you to open a bank account or use your card.

Tell you not to tell your parents or teachers.

HOW TO STAY SAFE



Don't share your bank account or card details with anyone.

Never agree to receive or send money for someone.

Tell a trusted adult if someone makes you feel unsure.

Block and report strangers who ask you weird questions

Remember... real jobs don't ask you to move money!

IF YOU ARE WORRIED REMEMBER...

To tell a parent, teacher, or trusted adult right away.

They can help you check if the person is trustworthy or if they are trying to get you to do something wrong.

They can help you report something suspicious to the police.

The police will listen, they will not judge you and they will help.

If something feels strange or makes you uncomfortable,

YOU HAVE THE POWER TO SAY NO!

You can be smart. You can be strong. You can protect yourself and your friends and you can....



Spot it & Stop it!





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