



Sharples

SCHOOL

Newsletter

Issue 453
13th October 2023

World Mental Health Day

Thanks to Year 11 student Amirah A who has written the following article about World Mental Health Day.



On World Mental Health Day, our Sharples BeKindToMyMind champions (pictured) collaborated with champions from across schools in Bolton and attended an event around the BeKindToMyMind campaign, hosted by Bolton Youth Council. The event consisted of sharing what every school had internally done to reduce the stigma associated with mental health, allowing every school to take ideas and share their experiences regarding the campaign. Other sessions during the event consisted of learning about mindfulness and positive coping strategies whilst also having the opportunity to ask professionals the questions that young people are concerned about. This event encouraged positive emotional discussions and allowed young people with similar thoughts and ideas regarding mental health to realise change can be made with continuous discussion around mental health, which is what World Mental Health Day was created for.

Sharples School, Hill Cot House, Hill Cot Rd. Bolton, BL1 8SN

Tel: 01204 333253

Fax: 01204 333250

www.SharplesSchool.co.uk



Sharples

SCHOOL

Newsletter

Mathematician of the Month



Every month a student is nominated from each of the maths classes for Mathematician of the Month. These students are nominated based on their hard work, enthusiasm and efforts within the lesson.

Well done to this month's nominees for a fantastic start to maths lessons this year!

Year 7

Zaibunnisha V
Elsa A
James B
Zeynab Y
Aminah L
Rebecca M
Bilal H P
Afrin S
Zachary W-M

Year 8

Noah P
Aaeesha B
Adil G
Jayden O
Amelia T-M
Hayden R
Zainab K
Salahudin A
Declan J

Year 9

Leah H
Hamza M
Dylan F
Zak S
Oliver M
Mai G
Sara N
Zayba N P
Halima P
Zain H

Year 10

Adam E
Maham M
Isabel F
Umaynah B
Finley B
Zaynab N
Anaiya F
Mischa L
Harvey B
Daniel W

Year 11

Khadijah P
Sanah D
Angus L
Abdur R K
Jawaad A
Liam B
Amelia P
Safa P
Julia G
Brandon J



Sharples

SCHOOL

Newsletter

English Department's Stars of the Week

Work of the Week

Year 7

Elsa A has written a lovely nature poem and given a secure explanation. [Click here to view the work.](#)

Year 8

Zayn H has written an excellent analysis of key characters in Blood Brothers. [Click here to view the work.](#)

Year 9

Hashim C has shown excellent knowledge of what life is like in The Jungle. [Click here to view the work.](#)

Year 10

Olivia-Grace E has produced very detailed annotations and a thoughtful essay on poetry. [Click here to view the work.](#)

Year 11

Zain C has shown excellent skills in his analysis of a nonfiction article. [Click here to view the work.](#)

Readers of the Week

Year 7

Mariam S for wonderfully reading short stories.

Year 8

Ruby M as she is always enthusiastic when it comes to reading in class. She has shown a lot of interest in the class read, 'The Giver', and often asks for recommendations to pick up from the library.

Year 9

Sandani G for reading with precision and confidence.

Year 10

Molly H for playing an eerie Jacob Marley.

Year 11

Talal K for his fantastic effort reading for Mrs Birling. He adapted his tone of voice exceptionally well to match the characteristics of Mrs Birling.



Sharples

SCHOOL

Newsletter

Science Enrichment Newsletter Scientists of the Month

The September winners of scientist of the month are as follows:

Year 7

Academic
achievement: Bilal HP
Progress: Kai K
Community: Seb W

Year 8

AA: Maryam P
P: Tia S
C: Khadijah M

Year 9

AA: Morgan I
P: Elliot N
C: Farrah H

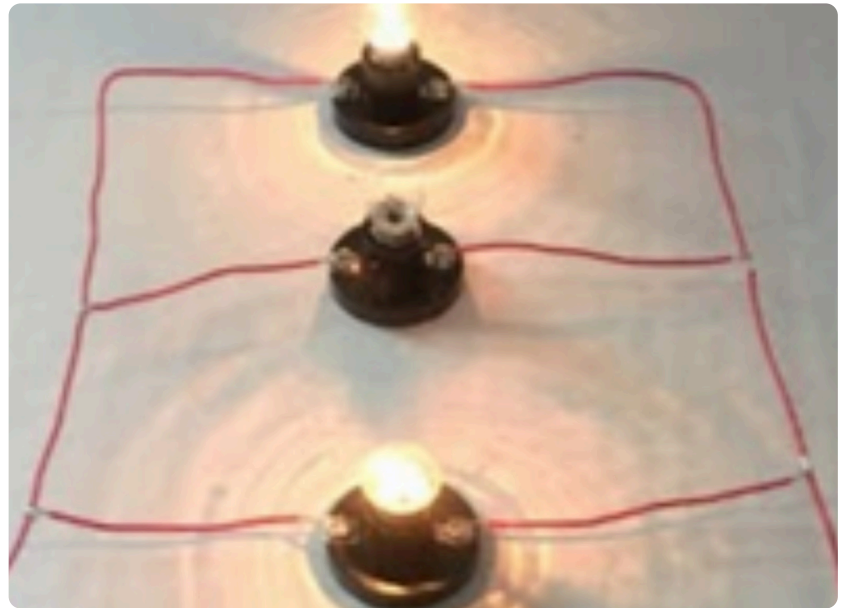
Year 10

AA: Evie AS
P: Josh K
C: Carter L

Well done to all the winners, who receive a goodie bag of scientific treats and a certificate for their achievement portfolios.

STEM club

This week in the STEM club pupils were building series and parallel circuits! Desperate to have a set of fairy lights designed for the dark months ahead, the teams wanted to understand which circuit design would be optimal. They discovered that adding bulbs in series saw them become collectively dimmer, whilst when combined in parallel, the brightness remained unchanged! Now the teams know exactly how to design their fairy lights!



Astronomy club

This week, the astronomy club students built Moon models as well as using solar glasses to observe the Sun safely. Remember! Never look directly at the Sun.

Animal Care talk

On Friday, Animal Aid came in to give a talk to Animal Care students (as pictured on the next page) about the rights of animals and how they are treated by different industries, this is a part of the Animal Care BTEC course and an understanding of the rights of animals is fundamental to all the units we study throughout Year 10 and 11. Thank you to Gary from Animal Aid for delivering an interesting and thought provoking talk.

Science Career of the Week

This week's career is 'Air traffic controller'. As an air traffic controller, you'll use



Sharples

SCHOOL

Newsletter



highly sophisticated radar and radio communication equipment to communicate advice, information and instructions to pilots. Information about experience opportunities, providers, entry requirements and much more can be found here: [Science career of the Week](#).

Please speak to Mr. Burke, who will provide you with more information about this, or any other, science career.

Star party

On the 28th October, Sharples Observatory will be hosting a 'Star Party'. This is to mark a partial lunar eclipse, where we will be able to see the shadow of the Earth cast onto the lunar surface. It is also a great opportunity to take a look at a range of objects in the night's sky through our telescopes. More information can be found later in the newsletter.

Revision Skill of the Week

Revision skill of the week is.. 'Make a revision timetable'. Revision should not be left to chance, your GCSEs are just too important. Instead, creating a revision timetable can ensure your time can be used effectively and all of your subjects will benefit. Knowing exactly what you are going to revise and when alleviates the stress of revision and will make it more enjoyable and efficient.

Mr. Fowlds - Science Enrichment Coordinator

Sharples School, Hill Cot House, Hill Cot Rd. Bolton, BL1 8SN

Tel: 01204 333253

Fax: 01204 333250

www.SharpleSchool.co.uk



Sharples

SCHOOL

Newsletter

Year 9 Boys Football



Last night our Year 9 boys football team (pictured) took on Essa in the cup. We started a bit slow, easing into the game before Aayan opened the scoring in the first half, shortly followed by a goal from Reece. In the second half the boys stepped it up a gear and showed some really good football as they scored 6 goals in the second half. Aayan was the stand out player, claiming 5 goals and the man of the match. Well done boys, onto the next one!

Sharples School, Hill Cot House, Hill Cot Rd. Bolton, BL1 8SN

Tel: 01204 333253

Fax: 01204 333250

www.SharplesSchool.co.uk



Sharples

SCHOOL

Newsletter

Greater Manchester Activity Festival



A handful of lucky Year 7s had the fantastic opportunity to attend the Greater Manchester Activity Festival at Graystone Actions Sports Centre in Salford on Tuesday. The day was all about students experiencing new activities to help build confidence, as well as build a positive relationship between physical activity and movement in general. Whilst there, students were able to experience a carousel of new sporting activities including: scooter riding, rock climbing, trampolining and parkour. It was brilliant to see how confidence in the students increased throughout the day. Well done, Year 7! More pictures of the festival can be found on the next page.



Sharples

SCHOOL

Newsletter

Greater Manchester Activity Festival



Year 10 Work Experience

A huge well done to the students who have now secured a placement and handed their forms back in. Any students who have completed their form and handed it back in by Friday 20th October will be receiving a prize! A reminder that our deadline is Tuesday 24th October therefore if you have not yet found a placement, please ensure you do so as soon as possible.

Sharples School, Hill Cot House, Hill Cot Rd. Bolton, BL1 8SN

Tel: 01204 333253

Fax: 01204 333250

www.SharpleSchool.co.uk



Sharples

SCHOOL

Newsletter

Year 11 Final Netball Tournament

Year 11 took part in their final netball games of their Sharples career on Tuesday evening when they took part in the Bolton Town Tournament at Bolton School. The girls came away with 2 dominant wins against King's and Westhoughton before losing to Turton and Thornleigh by the smallest of margins. Canon Slade came away winners after a close encounter with Bolton School in the final. The girls have been an absolute pleasure to teach over the past 4 years and have been a credit to Sharples, representing the school brilliantly over this period. Well done, girls!



Maths Competition



Could your design be on the new Maths praise postcard?

Open to all year groups

Prizes available for the best creations!

Deadline for entries is Wednesday 25th October





Sharples

SCHOOL

Newsletter

The Solstice Prize 2023

A nature-themed creative writing prize for 7-17 year olds.

The Solstice Writing Prize is a national, annual writing competition for young writers, which invites young people to take a closer look at the natural world, explore their relationship with it, or examine the challenges it faces, and write short stories, poems, and thought-provoking blogs in response.

Your Entry

- Must relate (as loosely as you like) to nature, the environment, or issues related to climate change
- Must be your own work
- Must be 500 words (for short stories and blogs) or 40 lines (for poems)
- The deadline is 31st October 2023

You must get permission from a parent or guardian and they can submit your entry on the website by searching for

'The Solstice Prize 2023'

or see Miss Hartley in U8 at break or lunch for more information.

First-place winners in each age category will receive £100 and have their work published in the 2023 Solstice Anthology.

Five **Highly Commended** runners up per age category will receive goody bags and also have their work published in the online anthology.



Year 9 Maths Competition

Year 9 have just finished the Similarity unit and now you have the opportunity to put the skills you have learned to the test!

Can you use your skills to create a model version of a famous landmark or of your actual or dream house or bedroom?

Prizes available for the best creations!

Deadline for entries is Tuesday 7th November.



Sharples School, Hill Cot House, Hill Cot Rd. Bolton, BL1 8SN

Tel: 01204 333253

Fax: 01204 333250

www.SharpleSchool.co.uk



Sharples

SCHOOL

Newsletter

Attendance Information

Reporting an absence:

If your child is too ill to attend school, please contact the school before 9.30am with full details of your child's illness/symptoms. The attendance email is the easiest way to contact school as the phone line can get very busy.

The school attendance email is: attendance@sharplesschool.co.uk

If we are unable to make contact and you do not provide a reason for your child's absence, this absence will be recorded as unauthorised.

Attendance Data

Year Groups attendance this week:

Year 7 = 95.81%
Year 8 = 95.77%
Year 9 = 93.32%
Year 10 = 93.89%
Year 11 = 94.36%

Best forms this week:

7Shar2 = 98.67%
8Ples5 = 100%
9P = 98.85%
10E = 97.87%
11P = 99.35%

698 pupils have achieved 100% this academic year.

Dates for your Diary

Saturday 14th
October: DofE
Bronze Introductory
Training Walk

Tuesday 17th
October: Virtual
Careers Workshop
with Aldi

Tuesday 17th to
Thursday 19th
October: Year 11
trip to Pompeii

Wednesday 18th
and Thursday 19th
October: Year 7
CATS tests

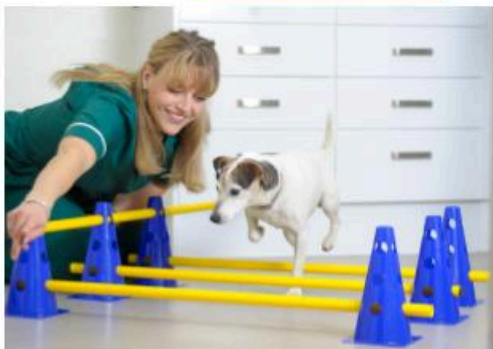
Career of the Week: Veterinary Physiotherapist

Veterinary physiotherapists work with injured animals, or animals with movement problems, to help reduce pain and improve their health.

Average Salary: £ £24,000 (Starter) to £48,000 (Experienced)

Typical hours: 38 to 40 a week

You could work: on call as customers demand



Qualifications:

- You can get into this job through a university course, an apprenticeship or specialist courses.
- 5 GCSEs at grades 9 to 4 (A* to C), or equivalent, including English, maths and science.
- 2 or 3 A levels, or equivalent, including biology for a degree.

Skills required:

- Sensitivity and understanding.
- To enjoy working with other people.
- Customer service skills.
- Patience and the ability to remain calm in stressful situations.
- Analytical thinking skills.
- Counselling skills including active listening and a non-judgemental approach.
- Knowledge of psychology.

Relevant Subjects:

- Animal Care, Science, Health & Social Care.



Careers &
Enterprise
at Sharples School

Information sourced from: <https://nationalcareers.service.gov.uk/job-profiles/veterinary-physiotherapist>

Sharples School, Hill Cot House, Hill Cot Rd. Bolton, BL1 8SN

Tel: 01204 333253

Fax: 01204 333250

www.SharplesSchool.co.uk



Sharples

SCHOOL

Newsletter

**WEEK
COMMENCING -
11TH
SEPTEMBER**



PE Lunch Time Clubs - This Half Term

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Y7 Football (Big Astro) - AHM	Y8 Football (Big Astro) - PGR	Y9 Football (Big Astro) - AHM	Y7 Football - (Big Astro) - AHM	Y8 Football (Big astro) AHM & SCU
Netball Yr 7/8 (SH) - SCU & LAL	Y7 Dodgeball (SH) - LAL	Just Dance- all years (SH) - SCU	KS3 Dodgeball (SH) - LAL & SCU	Y11 Football (Small Astro) - JBA
Y8 Football (Small Astro) - JBA	Y11 Football (Small Astro) - JBA	Y7/Y8 Basketball (Gym) - LAL	Y9 Football (Small Astro) - JBA	Y10 Football (SH) - LAL
Boccia (Gym) - SCU & LAL	Sports Studies catch up (G32)- AHM	KS4 Boys Fitness Suite - PGR		
		Y10 Football (Small Astro) - JBA		

**WEEK
COMMENCING -
16th OCTOBER**



PE After School Clubs - This Half Term

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Yr 7/8 Swimming club	KS3 Netball practice	Yr 7/8 Swimming club	Y8 Football v Little Lever (h)	Department detentions
KS4 Netball	Y7 football v Thornleigh (h)	Y10 Football v Little Lever (a)	Y9 Football v Little Lever (h)	
	Y8 Boys Football practice	Basketball practice	Y7-10 Netball @ Rivington	
	Y10 Netball @ Bolton School		KS4 boys fitness suite	
	Running Club		Badminton practice	

- Football and netball fixtures will be arranged throughout the term!

What Parents & Carers Need to Know about THE DANGERS OF VAPING

Data collected for ASH (Action on Smoking and Health) shows an increase in 11 to 17-year-olds experimenting with vaping: from 7.7% in 2022 to 11.6% in 2023. It's concerning that these age-restricted products are getting into the hands of under 18s as most contain nicotine, which can be detrimental to brain development and cause long-term addiction. Some schools have reported students having their focus in lessons affected by nicotine cravings; vaping in school toilets; and even trying vapes found in their local park. Raising awareness of the risks among young people could help to prevent these problems from escalating and reduce the number of young vapers.

WHAT ARE THE RISKS?

NICOTINE ADDICTION

Since they were initially developed to help people stop smoking, the vast majority of vape liquids contain nicotine. Not only is this a highly addictive stimulant, but it can also have detrimental effects on brain development in the under-25s. Nicotine can decrease the ability to pay attention, weaken impulse control, affect mood and increase the likelihood of substance addiction as an adult.

WHAT IS VAPING?

Vapes contain a liquid (vape juice/e-liquid) that is heated by a battery and evaporates, creating a chemical vapour which the user inhales. They can be **disposable** (once the liquid or battery runs out, the vape is thrown away) or **rechargeable** (the user replaces the liquid and recharges the battery on demand). Most vape liquids contain nicotine and other chemicals.

LACK OF AWARENESS

A proportion of young people tend to view vapes as harmless, mainly because of the products' appearance and the perception (often strengthened on social media) that "vaping is cool" and on trend. In many instances, young people don't fully appreciate the concept of addiction; that is, they aren't adequately aware of the risk of becoming hooked on nicotine before trying a vape.

POTENTIAL TOXICITY

Many vape liquids have been found to contain "heavy" metals such as lead, tin, nickel and (in some cases) mercury – all of which are toxic. These metals often take the form of tiny shards inside a device's liquid tank, which are then inhaled into the body. Some media reports have suggested these metals are particularly prevalent in illegally imported vapes which don't comply with UK regulations.

UNCLEAR LONG-TERM CONSEQUENCES

The liquids in vapes also contain solvents, which can create carcinogens at the point of evaporation. Vapes were only introduced into the UK in 2005 – and, because of the relatively short timeframe involved, there is insufficient medical evidence to assess the long-term harms that regular inhalation of these chemical fluids might have on the human body.

ATTRACTIVE PACKAGING

The packaging of many disposable vapes is very appealing to young people, frequently echoing the colours and flavours of the sweets or fizzy drinks they're used to buying. There's a relative lack of regulation around vape marketing, and vaping is often depicted positively on social media – which can lead young people to develop favourable views of vaping and overlook the possible harms.

ENVIRONMENTAL EFFECTS

In the UK alone, around 5 million disposable vapes go to landfill every week. Due to such significant numbers of these products not being recycled, their components – a lithium battery and a chemical liquid – pose a toxic risk to the environment, the ecosystem and wildlife. Vapes are also predominantly made of plastic and metal; materials that, of course, do not naturally decompose.

WIDER HEALTH CONCERNS

Studies are already showing a link between vaping and oral health problems such as tooth decay and gum disease. This is because vaping reduces the amount of saliva in the mouth, while increasing bacteria – resulting in bad breath and a build-up of plaque. There are also concerns that, in some users, vaping could lead to the development of asthma, a persistent cough and breathing difficulties.

UNREGULATED VAPING PRODUCTS

The number of retailers willing to sell vapes to under-18s is a worry, as the chance of these products being unregulated (and therefore containing illegal chemicals and higher levels of nicotine) is high. A related concern is that the mechanisms inside unregulated products are unlikely to have been tested and safety checked – presenting a possible fire risk if the liquid and battery come into contact.

SCARCE INFORMATION

The lack of information about the ingredients and potentially harmful chemicals in a vape is troubling. Some vape fluids (unregulated in the UK) contain traces of nuts, which can cause an allergic reaction or anaphylactic shock. To date, medical warnings aren't required on vape packaging – with only medical disclaimers being found on the websites of the various brands.

VAGUE INGREDIENTS LISTS

Early research has suggested that the chemicals used to produce some strawberry and banana flavour e-liquids can kill cells in the blood vessels and heart. These ingredients aren't identified on the packaging, instead falling under the umbrella term 'natural and artificial flavourings'. Such vague listings mean that consumers aren't aware of the liquid's content so can't identify potential risks.

Meet Our Expert

Run by the Cambridgeshire and Peterborough Healthy Schools Service (commissioned by Cambridgeshire County Council and Peterborough City Council), Catch Your Breath is a school-based project aimed at young people. Its goal is to embed a proactive, coordinated approach among both primary and secondary schools in discouraging smoking and vaping behaviours.



HEALTHY SCHOOLS
CAMBRIDGESHIRE & PETERBOROUGH

The National College

Source: <https://www.bbc.co.uk/news/health-65809924>



www.thenationalcollege.co.uk



@thenatcollege



/thenationalcollege

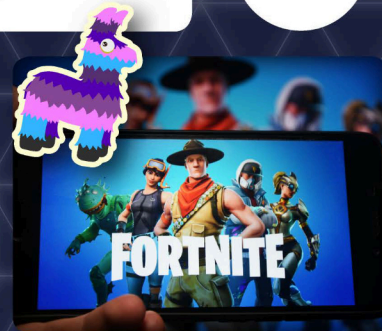
Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 28.09.2023



There's a very good chance you've heard of Fortnite, but what exactly is it? And why is it so popular amongst young people? Fortnite is an online multiplayer "battle royale" game developed by Epic Games, and is playable on Playstation 4, Xbox One, Nintendo Switch, PC and mobiles. It gained popularity in late 2017 and has since become the biggest game in the world, thanks to its rapid and engaging gameplay. As with most games, Fortnite itself is a highly enjoyable and safe experience, but it pays to be vigilant, as the safety is not water tight.



What parents need to know about FORTNITE BATTLE ROYALE



BATTLE ROYALE

Battle Royale games have become very popular over the last couple of years, and most tend to follow a very similar setup. Taking Fortnite as an example, 100 players drop into a map, loot buildings for weapons and armour and attempt to beat all the other players to be crowned victor at the end. If you've ever seen the Hunger Games movies, you'll have an idea of what this entails. Each game can take up to 20 minutes (assuming you last to the end) and can be restarted relatively quickly once 100 free players have been found.



IS FORTNITE ADDICTIVE?

Fortnite is at the forefront of gaming addiction discussions because it is so popular with young people. But whether it actually contributes to gaming addiction is up for debate. WHO (World Health Organisation) have classified gaming as a legitimate addiction, but this is not solely a concern with Fortnite. Signs of addiction can include irritability when not playing, lying about the amount of time played and a preoccupation with thoughts of the next gaming session. Realistically, it must be down to parents and carers to recognise these symptoms and act accordingly if they think they are developing.



FREE TO PLAY... OR IS IT?

While Fortnite is technically free to play (in that you can download and play it without paying) it does come with the caveat that spending money on things like skins and emotes in-game is heavily pushed to players. The currency used in-game is called 'V-Bucks' and can be bought with real money through the game's online store. It's worth remembering that these purchases are absolutely not necessary, are cosmetic only and that V-Bucks can be earned in-game with enough play time.



SEASONAL UPDATES

Every 10 weeks or so Fortnite is updated with a new season. This essentially adds new things like skins and emotes to the game, while also sometimes changing up the game map in interesting ways. These seasons are free to everybody and don't require additional money to play, though battle passes for each season can be bought with V-Bucks. A battle pass will typically allow a player to earn experience faster and gain fun in-game items by completing a host of daily challenges.



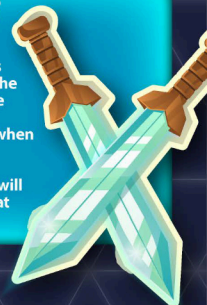
CROSSPLAY IS AVAILABLE

One of the wonderful things about Fortnite is that it can be played cross-platform. This means that no matter what platform a person plays on (PC, PlayStation 4, Xbox One etc) they can play with friends who own the game on a different platform. To do this, an Epic Games account must first be created online (which is free) and then linked with your platform account. Doing this removes the age-old boundary of not being able to play together because you don't have the same console and opens up a whole new world of playing online with friends.



IS FORTNITE VIOLENT?

Fortnite has been rated by the ESRB (Entertainment Software Ratings Board) as teen, as it contains cartoony violence and the weapons and acts depicted in the game are some way removed from their real life inspirations. Characters don't draw blood when shot and instead of dying, they are simply beamed up off the map. Naturally, players younger than the recommended age limit will want to play the game and that should be at the discretion of parents and carers.



Top Tips For Parents



BUYING V-BUCKS

As mentioned, Fortnite does contain in-game purchases and microtransactions in the form of V-Bucks which can be bought with real money. If you do decide to let your young one spend money in the game, be sure to delete your card information afterwards as it can be very easy to purchase more items at the press of a few buttons. It's important to set a limit on any purchases (as mentioned they are absolutely not necessary to play the game) and a suggestion would be capping the spending at around £50 - this is the normal retail price of a game



GAMING WITH STRANGERS

Fortnite Battle Royale is an online game, and as such, there is a chance that young children could come into contact with strangers who are randomly placed into their groups in a game. It's difficult to predict what another person might say or do in a game, so it's a good idea for friends playing together, to be grouped together. The only real countermeasure to interacting with strangers offered by Fortnite is to turn off all mic communications, which can be done in the game's settings. Using outside chat apps, like Skype or Discord while playing, is a great way to make sure you know who you're talking to and that nobody else is listening in.



LIMIT TIME, BUT BE FLEXIBLE

A game of Fortnite can last up to 20 minutes, so be flexible when it's time to put it away. The approach of 'one more game' as opposed to '10 more minutes' will stop any complaints that a match is still ongoing. Better still, play with your child and take it in turns; that way you're helping control the time played and can keep an eye on what they're experiencing.

TALK TO OTHER PARENTS / CARERS

If you're concerned about play time or spending money in the game, talk to other parents and carers of your child's friends. If you approach as a collective, it will be easier to know when their friends are online and you don't have to worry about who they're playing with. It can also help curb expectations on spending money on battle passes and skins if you stick together.



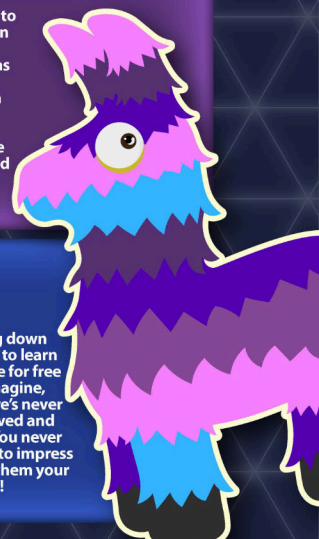
CAN DEVELOP SOME IMPORTANT SKILLS

It's often overlooked just how good gaming can be for young people. Fortnite encourages team play, quick and complex problem solving and communication; that's not to mention the lightning fast reflexes gamers can develop. While taking breaks to do other activities is of course important, there are benefits to screen time which might not be immediately obvious.



PLAY THE GAME YOURSELF

There's no substitute for sitting down and playing the game yourself to learn all about it. Fortnite is available for free on almost anything you can imagine, even your smartphone, so there's never been a better time to get involved and see what all the fuss is about. You never know, you might even be able to impress your children when you show them your impressive Victory Royale tally!



Meet our expert

Mark Foster has worked in the gaming industry for 5 years as a writer, editor and presenter. He is the current gaming editor of two of the biggest gaming news sites in the world, UNILAD Gaming and GAMINGbible. Starting gaming from a young age with his siblings, he has a passion for understanding how games and tech work, but more importantly, how to make them safe and fun.



<https://www.theguardian.com/games/2018/mar/07/fortnite-battle-royale-parents-guide-video-game-multiplayer-shooter>, <https://www.psychguides.com/behavioral-disorders/video-game-addiction/>, <https://www.polygon.com/2018/3/23/17146848/cross-platform-crossplay-ps4-xbox-pc-switch-ios-mobile-enable-friends-compatible-matchmaking#70IE7d>, <https://www.esrb.org/ratings/34948/Fortnite/>

Early Help

Parenting Drop-in

For
all families
with children
under 18

We know that being a parent is not always easy and that families need extra support at some stage as children grow up.

Targeted Early Help Workers will be on hand to offer advice and support.

We can offer signposting to helpful services, organisations and community groups.

Poor school attendance?

Are they being excluded from school?

Are they anxious or struggling with self-esteem?

Are you struggling with your child's behaviour?

Not sure what services there are available that can help to support you?

Come and join us for a cup of tea and a chat if you want any advice or information about parenting.

Drop-in sessions, 9.30am - 3.30pm

Farnworth King St Centre 16 Sept 7 Oct 28 Oct 18 Nov 9 Dec

Oxford Grove Children Centre 23 Sept 14 Oct 4 Nov 25 Nov

Tonge Children Centre 30 Sept 21 Oct 11 Nov 2 Dec



For more information please contact:

Targeted Early Help Tel: 01204 336215

Email: earlyhelp@bolton.gov.uk

Bolton
Start Well



Bolton
Council



Sharples
SCHOOL

WRAP UP SHARPLES

Rotary



HELPING TO KEEP PEOPLE OF BOLTON WARM THIS WINTER

Wrap Up is a campaign run by local Rotary Clubs, in partnership with the registered charity Hands On London. Thick warm winter coats donated to Wrap Up are collected by volunteers and each garment is inspected to ensure it is clean and in a good condition to be given away.

Our motto of "Is this coat good enough for you to wear ensures that only good quality coats are distributed to the charitable organisations.

The collected coats are distributed via homeless shelters, refugee centres, organisations supporting the elderly, women's refuges, children's centres and other charities helping people in crisis.

We do not give coats direct to families, because we firmly believe that the charitable organisations can identify support and resources to benefit those in need or signpost them to organisations that could help, thereby creating a lasting relationship between those in need and the organisation that could transform their lives.

**SO, IF YOU HAVE A THICK WARM WINTER COAT YOU NO
LONGER NEED, PLEASE DONATE IT TO OUR WRAP UP
CAMPAIGN.**

