



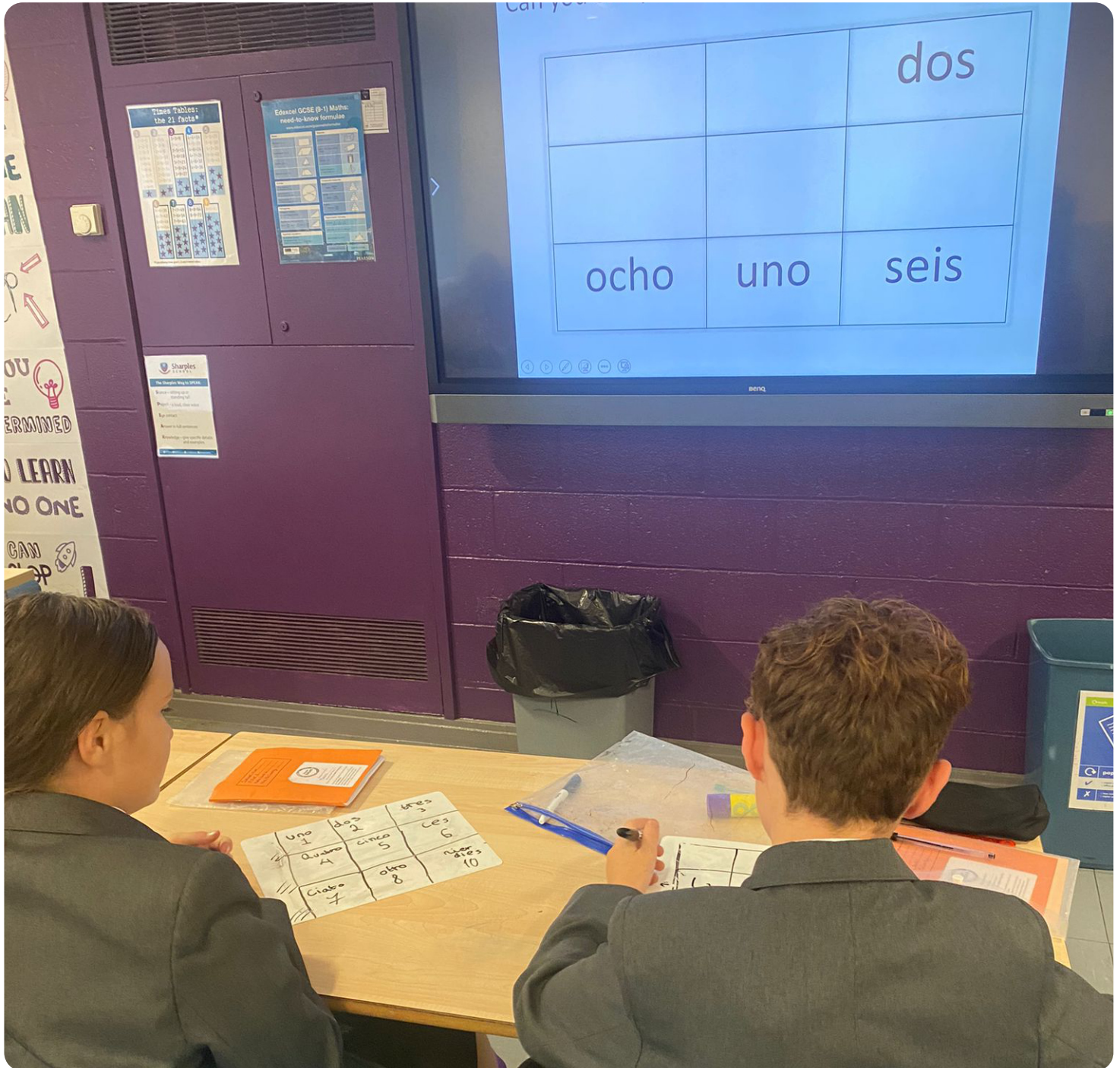
# Sharples

## SCHOOL

### Newsletter

Issue 451  
29th September 2023

#### European Day of Languages



For European Day of Languages on 26th September, students spent time in maths lessons learning numbers in a variety of languages including French, Spanish, German, Norwegian and Hungarian. Students then used their new knowledge to solve problems including completing magic squares (as pictured above).

Sharples School, Hill Cot House, Hill Cot Rd. Bolton, BL1 8SN

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# Sharples

## SCHOOL

### Newsletter

#### Jumping to Success



Last weekend, Sharples student Oliver M competed in the trampolining inter-regional finals. Oliver competed against boys in his age category from Scotland, Ireland, north, east south and west England at Birmingham arena (pictured above). After a day of practice and a day of competing we are delighted to report that Oliver managed to finish in 4th place. This is an especially impressive achievement considering the level of competition and that Oliver used routines that were new to him. If you would like to see Oliver's score or watch his routine, it can be found [here](#) on 'scorebase'.

During October Oliver will also be competing at the league finals.

Good luck Oliver, we know you will do amazingly.

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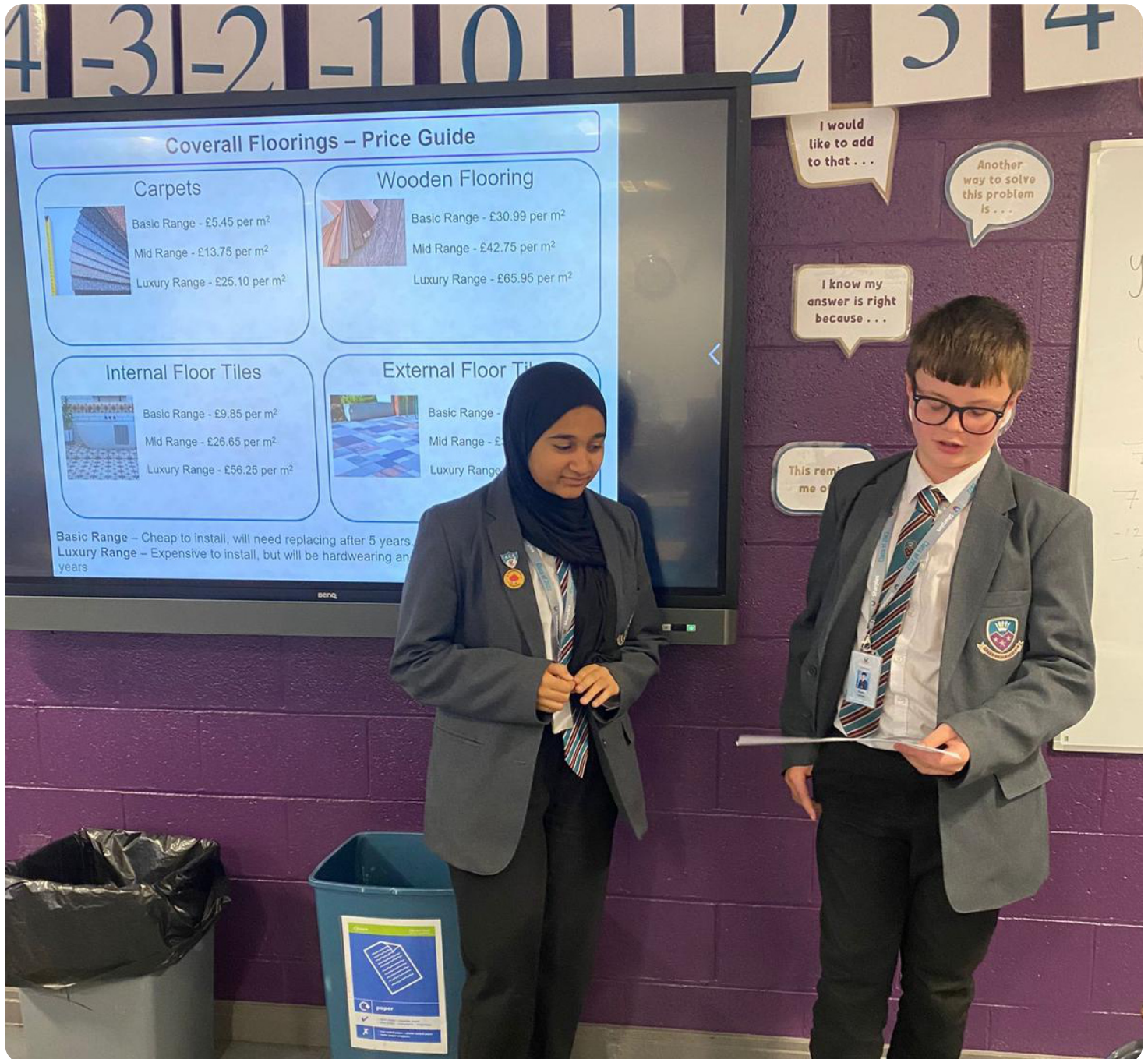


# Sharples

## SCHOOL

### Newsletter

#### Careers in Maths



In maths, students spend time during each unit of work finding out about the careers linked to their learning, and practising using their skills to solve real-life problems. This week students in Year 7 learned about how place value errors can prove costly, and Year 8 students used their estimation skills to price up jobs and present their findings to the class (as pictured).

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# Sharples

## SCHOOL

### Newsletter

#### Science Enrichment Newsletter

#### STEM club



This week in the STEM club, pupils build density towers (as pictured above)! Using solutions of different sugar concentrations, the team were able to demonstrate that a more dense solution will sink to the bottom of the test tube, whilst a less dense solution will float to the surface. It was also noted that the more highly concentrated solution would have a sweeter taste! Not only were the rainbow patterns aesthetically pleasing, similar ideas were discussed to explain why ice (less dense) floats on water (more dense!). The fact that hot air is less dense than cold air, also helps to explain why a hot air balloon can soar over the cold dense air!



# Sharples

## SCHOOL

### Newsletter

#### **Astronomy club**

The Astronomy club launches next Tuesday! Please come along to learn about all things space! From making rockets, investigating moon craters to using our state of the art observatory, the astronomy club offers everything for those interested in the stars and galaxies around us.

#### **Science Ambassadors**

Congratulations to the following students who have been successful in their applications to be science ambassadors.

Sadie W-U (Year 11)

Safa P (11)

Ben P (10)

Saffiya A (10)

Micah C (9)

Farrah H (9)

Aamenia M (8)

Aidan L (8)

Nabiha F (7)

Lewis B (7)

#### **Science Career of the Week**

This week's career is 'Pharmacist'. Pharmacists dispense medicines using prescriptions issued by doctors. They can also play a role in the research of new medicines. Information about experience opportunities, providers, entry requirements and much more can be found here: [Science career of the Week.](#)

Please speak to Mr. Burke, who will provide you with more information about this, or any other, science career.

*Mr. Fowlds - Science Enrichment Coordinator*



# Sharples

## SCHOOL

### Newsletter

#### Maths Ambassadors



Once again we had many excellent applications with pupils sharing their love for Maths. It was a very difficult decision to make but the Maths Department are very proud to announce the new Maths and Statistics Ambassadors for 2023-2024 are;

#### Maths

Year 8

Xena R

Adil G

Aameina M

Aiysha F

Year 9

Anson L

Year 10

Ismail Q

Agnes M

Farah D

Hatim K

Year 11

Cherie U

#### Statistics

Year 10

Mulki H

Year 11

Angus L

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### Newsletter

#### English Department's Stars of the Week

##### Work of the Week

Year 7

Aasiyah P for scoring 10/10 on her pre-unit quiz. [Click here to view the work.](#)

Year 8

Tia S for scoring highly in her Blood Brothers pre-unit quiz. [Click here to view the work.](#)

Year 9

Marcus A for excellent poetry annotations and analysis. [Click here to view the work.](#)

Year 10

Adam U for wonderful poetry analysis. [Click here to view the work.](#)

Year 11

Fenani has written a brilliant narrative with beautiful descriptions. [Click here to view the work.](#)

##### Reader of the Week

Year 7

Jack D for reading with precision.

Year 8

Zaara M for reading an extract from "What Lies Between Us" excellently!

Year 9

Yusuf P for his clear and confident reading of an article.

Year 10

Joey B for his reading of the poem Ozymandias.

Year 11

Max J for reading with expression. He made a great Mr Birling!



# Sharples

## SCHOOL

### Newsletter

#### Year 10 Compete in the Bolton Cup



Year 10 (pictured above) put in a dominant display in the Bolton Cup this week, thrashing Mount St Joseph's 7-1. The team were superior throughout and the win could have been much more. Bilal opened the scoring after good work from Aashan, Yusuf scored a hat trick, Aashan added to his 2 goals from last week, Rowan opened his account for the season, Ahmad scored a superb goal and his first since his bad injury last season and Noah concluded the scoring. Bagasi pulled the strings throughout the game and registered a number of assists. Next up in the cup is Bolton School, which should be a huge test for the talented squad.

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# Sharples

## SCHOOL

### Newsletter

#### First Netball Games of the Year



On Monday, all of our netball teams (Year 7 - Year 10) alongside Thornleigh travelled to Smithills to play the opening league matches of the year in a triangular fixture. Against strong Thornleigh squads, Sharples were unable to gain a victory, however the improvement from last year was evident in the closer score lines. After dusting themselves down, the Year 8, Year 9 and Year 10 team faced Smithills where they showcased some brilliant netball. The Year 8s came away with a 4-0 win, the Year 9s managed a 3-3 draw and with some excellent attacking work from Evie A-S, Izzy F and Agnes M, the Year 10s managed a 5-4 victory. A special mention must also go to the Year 7 team. After only a couple of training sessions, the girls represented Sharples brilliantly in their first senior school match. Although the girls were quite nervous at the beginning, they soon settled and started to play some good netball and came away with 3-1 victory over Smithills. A great effort, girls! Next week, Year 7, Year 8, Year 9 and Year 10 will face Turton and St James on Thursday.



# Sharples

## SCHOOL

### Newsletter

#### Year 9 Football vs Canon Slade



Our Year 9 football team took on Canon Slade yesterday in a friendly fixture. The Sharples Year 9 team started strongly pressing the opposition and putting pressure on their defence with their high work rate. In a very close, back and forth game, neither side could break the deadlock. Robert M claimed man of the match after making a number of crucial challenges stopping the opposition attacks and keeping us in the game.

Well done Year 9!

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# Sharples

## SCHOOL

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#### Parent Governor Vacancy

We currently have a vacancy for a school governor. If you would like a nomination form or information regarding the role, please email: [e.bullivant@sharplesschool.co.uk](mailto:e.bullivant@sharplesschool.co.uk)

The closing date for applications is Friday 13th October at 4pm.

## MUSIC AND PERFORMING ARTS EXTRA-CURRICULAR CLUBS THIS TERM

SEPTEMBER - DECEMBER

#### WHEN?

**MONDAY  
LUNCHTIME  
12.55 - 12.35**

**TUESDAY  
LUNCHTIME  
12.55 - 12.35**

**WEDNESDAY  
LUNCHTIME  
12.55 - 12.35**

**THURSDAY  
LUNCHTIME  
12.55 - 12.35**

**FRIDAY  
LUNCHTIME  
12.55 - 12.35**

#### WHATS ON?

**SHARPLES CHOIR**  
ALL YEAR GROUPS

**SHARPLES BAND**  
Selected musicians playing together in a band  
different genres of music.  
**ALL YEAR GROUPS**

**DRAMA CLUB**  
ALL YEAR GROUPS

**ROCKSCHOOL**  
A chance to play with other musicians and create your own band.

**TECHNICAL THEATRE CLUB**  
Props, Lighting, Set, Make-up, Costume  
**ALL YEAR GROUPS**

**KEYBOARD & GUITAR CLUB**  
Learn new skills and practice on the Keyboard, Guitar  
or Ukulele.  
**ALL YEAR GROUPS**

#### WHERE?

**G66**

**G66**

**G67**

**G66 + MUSIC  
PRACTICE  
ROOMS**

**G67**

**G66 + MUSIC  
PRACTICE  
ROOMS**



Speak to Mrs Hamlin or Mr Corrigan if you have any questions.





# Sharples

## SCHOOL

### Newsletter

#### Attendance Information

Reporting an absence:

If your child is too ill to attend school, please contact the school before 9.30am with full details of your child's illness/symptoms. The attendance email is the easiest way to contact school as the phone line can get very busy.

The school attendance email is: [attendance@sharplesschool.co.uk](mailto:attendance@sharplesschool.co.uk)

If we are unable to make contact and you do not provide a reason for your child's absence, this absence will be recorded as unauthorised.

#### Attendance Data

Year Groups attendance this week:

Year 7 = 96.14%  
Year 8 = 94.61%  
Year 9 = 95.62%  
Year 10 = 96.85%  
Year 11 = 94.19%

Best forms this week:

7Ples1 = 100%  
8Shar1 = 98.86%  
9H = 97.38%  
10S1 = 100%  
11A = 100%

856 pupils have achieved 100% this academic year.

#### Dates for your Diary

Friday 29<sup>th</sup>  
September:  
Teacher Training  
Day (School closed  
to students)

Monday 2<sup>nd</sup>  
October: College  
Assembly -  
Runshaw College

Tuesday 3<sup>rd</sup> and  
Wednesday 4<sup>th</sup>  
October:  
Open Mornings  
(09.00 - 10.30)

Saturday 14<sup>th</sup>  
October: DofE  
Bronze Introductory  
Training Walk

#### Career of the Week: Choreographer

*They design steps, movements and dances, usually with music, for dancers and other artists to perform.*

**Average Salary:** £

**Typical hours:**  
(per week)   
variable

**You could work:**



#### Qualifications:

- You can get into this job through a university course, working towards this role or applying directly.
- Degrees such as Science, Environmental Science, Geography, and Maths are relevant.
- 4 or 5 GCSEs at grades 9 to 4 (A\* to C).
- 2 or 3 A levels or equivalent for a degree.

#### Skills required:

- knowledge of the fine arts
- persistence and determination
- the ability to come up with new ways of doing things
- leadership skills
- knowledge of teaching and the ability to design courses
- the ability to use your initiative
- physical skills like movement, coordination, dexterity and grace

#### Relevant Subjects:

- PE, Performing Arts and Music.



Careers &  
Enterprise  
at Sharples School

Information sourced from: <https://nationalcareers.service.gov.uk/job-profiles/choreographer>

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# Sharples

## SCHOOL

### Newsletter

**WEEK  
COMMENCING -  
11TH  
SEPTEMBER**



### PE Lunch Time Clubs - This Half Term

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Y7 Football (Big Astro) - AHM	Y8 Football (Big Astro) - AHM	Y9 Football (Big Astro) - AHM	Y7 Football - (Big Astro) - AHM	Y8 Football (Big astro) - AHM & SCU
Netball Yr 7/8 (SH) - SCU & LAL	Y7 Dodgeball (SH) - SCU & LAL	Just Dance- all years (SH) - SCU	KS3 Dodgeball (SH) - LAL & SCU	Y11 Football (Small Astro) - JBA
Y8 Football (Small Astro) - JBA	KS4 Boys Fitness Suite - PGR	Y7/Y8 Basketball (Gym) - LAL	Y9 Football (Small Astro) - JBA	Y10 Football (SH) - LAL
Boccia (Gym) - SCU & LAL	Y11 Football (Small Astro) - JBA	KS4 Boys Fitness Suite - PGR		
		Y10 Football (Small Astro) - JBA		

**WEEK  
COMMENCING -  
2nd OCTOBER**



### PE After School Clubs - This Half Term

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Yr 7/8 Swimming club	KS3 Netball practice	Yr 7/8 Swimming club	Netball @ St James (Y7-10)	Department detentions
KS4 Girls Fitness Suite	Y7 Boys Football practice	Y10 Football v Bolton School (a)	Girls football practice	
Y9 & 10 Girls Netball	Y8 Boys Football practice	Basketball practice- all years	KS4 boys fitness suite	

- Football and netball fixtures will be arranged throughout the term!

*Pearson Teaching Awards  
Secondary School of the Year Winner*

## **Open Evening**

Thursday 28th September  
4pm - 7pm

## **Open Mornings**

Tuesday 3rd and  
Wednesday 4th October  
9am - 10.30am



**Sharples**  
SCHOOL



**A Science Specialist College**

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# Y7 CLUBS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>International Club</b> CLI - N11	<b>Book Club</b> LHT - U8	<b>Just Dance</b> SCU - SH	<b>Creative RE</b> PMC - U21	<b>Blooket</b> RMA/MHT - N16
<b>Netball</b> SCU - SH	<b>STEM Club</b> DBU - G45	<b>Polyglot Club</b> CLI - N11	<b>Chess</b> KMC - G46	<b>Board Games</b> DAL - G59
<b>Football</b> AHA - Big Astro	<b>Debate Club</b> HPA - U14	<b>Robotics Club</b> ENE - U39	<b>Technical Theatre Club</b> THA - G67	<b>History Book Club</b> KBO/ASO - U51
<b>Boccia</b> LAL - Gym	<b>Dodgeball</b> LAL - SH	<b>Drama Club</b> THA - G67	<b>Art Club</b> CBL/SSW - G79	<b>Football</b> AHA/SCU - Big Astro
	<b>Running Club</b> MHT - After School	<b>Gardening</b> CFI/JBI - U47	<b>Football</b> AHA - Big Astro	
		<b>Basketball</b> LAL - Gym		

# Early Help Parenting Drop-in

For all families with children under 18

We know that being a parent is not always easy and that families need extra support at some stage as children grow up.

Targeted Early Help Workers will be on hand to offer advice and support.

We can offer signposting to helpful services, organisations and community groups.

Poor school attendance?

Are they being excluded from school?

Are they anxious or struggling with self-esteem?

Are you struggling with your child's behaviour?

Not sure what services there are available that can help to support you?



Come and join us for a cup of tea and a chat if you want any advice or information about parenting.

**Drop-in sessions, 9.30am - 3.30pm**

Farnworth King St Centre 16 Sept 7 Oct 28 Oct 18 Nov 9 Dec

Oxford Grove Children Centre 23 Sept 14 Oct 4 Nov 25 Nov

Tonge Children Centre 30 Sept 21 Oct 11 Nov 2 Dec



**For more information please contact:**

Targeted Early Help Tel: 01204 336215

Email: [earlyhelp@bolton.gov.uk](mailto:earlyhelp@bolton.gov.uk)



**Bolton Council**



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**Bolton Council**

# Top Tips for SETTING BOUNDARIES AROUND GAMING

If your child loves video games, then you'll probably be aware that how long they spend gaming – and what they're actually playing – can occasionally become a source of concern or conflict. The UK's trade body for interactive entertainment, Ukie, has recently launched a campaign to promote safer and more responsible gaming among young people – with parents and carers helping by setting sensible and fair boundaries. Our guide has tips on key areas where you could agree some healthy ground rules for your child's gaming activity.

## PROMOTE SAFER GAME CHOICES

Deciding which online games are OK – and which should be avoided – is tricky. Some titles allow children to cooperate or compete with strangers, which creates potential risks. Watching your child play online for a while could provide more insight into a particular game, while the parental controls on most consoles allow you to limit who can chat to your child or send them friend requests. Remind your child of the hazards around strangers online when you discuss this boundary with them.

## ENCOURAGE REGULAR BREAKS

Help your child understand the need to take regular breaks, playing in shorter bursts rather than marathon sessions. Bear in mind that some games (such as role-playing games) require time investment from the player, while others (online team games, for example) can't be stopped or paused at a moment's notice. A quick break every hour or so is good practice, and you could suggest some things to do in these breaks, such as having a drink of water or getting some fresh air.

## AGREE SPENDING LIMITS

There's no doubt that gaming can be expensive, and younger players often don't realise how much paying for digital items and subscriptions can add up to. Many young gamers love to buy new skins or upgrades for their character, so you could settle on a fixed amount that your child is allowed to spend on in-game items each week or month. This sort of boundary will not only help your child to manage their expectations but will also make you more aware of the price of these items.

## DISCUSS AGE RATINGS

Children often ignore the age ratings on games – or are unaware they even exist. If you're happy with your child playing a particular game even though it's rated above their age, then establish that as a boundary: emphasise that you've made an exception, and talk about what age ratings mean and why they're important. You could add context to this boundary by browsing games' boxes together while shopping, discussing why some games might have earned certain age ratings.



## Meet Our Expert

Daniel Upscombe is a writer specialising in technology, video gaming, virtual reality and Web3. He has also written 15 guidebooks for children, covering games such as Fortnite, Apex Legends, Valorant, Roblox and Minecraft. With work published by the likes of PC Gamer, Kotaku, Pocket Gamer and VG247, he has reviewed more than 50 games and products over the past year.



## FACTOR IN FRIENDS

If your child is a keen video gamer, the chances are that they'll have other gamers among their social circle, too. When friends visit, do they instantly dash to their console or computer? You could put boundaries in place before their guests arrive by agreeing on a length of gaming time. Bear in mind, though, that they may try to extend this once they're together. Try coming up with activities or challenges for them during screen breaks – if they join in, they earn a little extra time on their game.

## ENJOY GAMING TOGETHER

Setting time aside to play video games together can be an enjoyable bonding exercise. Undeniably, some young gamers may be less enthusiastic about a parent or carer joining in, but it can be a productive way of encouraging them to share their hobby with you. Setting goals or tasks might be useful: if they love Minecraft, choose something to build together; if Fortnite's their favourite, ask to try out some of the fun game modes, like Prop Hunt, which don't require high skill levels.

## TALK ABOUT EMOTIONS

Help your child to monitor their emotions as they play. Discuss what is (and isn't) an acceptable level of competitiveness to show while gaming. Are they allowed to trash talk other players, for example? Can they notice when they get angry if they lose? Do they think these emotions are healthy? Some games can provoke anger, but others can bring joy, humour and the thrill of overcoming a challenge. Try to steer your child towards games that tend to produce these more positive feelings.

## BE PREPARED FOR TROLLS

A frequent problem when gaming online is other players who are deliberately troublesome. Make sure your child knows how to report and block someone who makes their experience a negative one. Between you, decide if or how they should deal with these online trolls. Talk about where your child's boundaries are in terms of what they think is acceptable: what behaviour by other users is merely frustrating, and what crosses the line to become upsetting or abusive.

# What Parents & Carers Need to Know about

# YOUTUBE

YouTube is a video-sharing social media platform that allows billions of people around the world to watch, share and upload their own videos with a vast range of content – including sport, entertainment, education and lots more. It's a superb space for people to consume content that they're interested in. As a result, this astronomically popular platform has had a huge social impact: influencing online culture on a global scale and creating new celebrities.

## INAPPROPRIATE CONTENT

YouTube is free and can be accessed via numerous devices, even without creating a YouTube account. Some content is flagged as 'age-restricted' (requiring the user to be logged into an account with a verified age of 18), but children can still view some mildly inappropriate material. This can include profanity and violence, which some young users may find upsetting.

## CONNECT WITH STRANGERS

YouTube is a social media platform which allows people to interact with other (usually unknown) users. Account holders can leave comments on any video they have access to, as well as messaging other users directly. Connecting with strangers online, of course, can potentially lead to children being exposed to adult language, to cyberbullying and even to encountering online predators.

## SUGGESTED CONTENT

YouTube recommends videos related to what the user has previously watched on their account, aiming to provide content that will interest them. This is intended to be helpful but can also lead to binge-watching and the risk of screen addiction, especially if 'auto-play' is activated. Users without an account are shown popular videos from the last 24 hours, which might not always be suitable for children.

## HIGH VISIBILITY

Content creators can also be put at risk – especially young ones who try to make their online presence as visible as possible. Creating and uploading content exposes children to potential harassment and toxicity from the comments section, along with the possibility of direct messaging from strangers. Videos posted publicly can be watched by anyone in the world.

## TRENDS AND CHALLENGES

YouTube is teeming with trends, challenges and memes that are fun to watch and join in with. Children often find these immensely entertaining and might want to try them out. Most challenges tend to be safe, but many others may harm children through either watching or copying. The painful 'salt and ice challenge', which can cause injuries very quickly, is just one of many such examples.

## SNEAKY SCAMMERS

Popular YouTube channels regularly have scammers posing as a well-known influencer in the comments section, attempting to lure users into clicking on their phishing links. Scammers impersonate YouTubers by adopting their names and profile images, and sometimes offer cash gifts or 'get rich quick' schemes. Children may not realise that these users are not who they claim to be.

## Advice for Parents & Carers

### APPLY RESTRICTED MODE

Restricted Mode is an optional setting that prevents YouTube from showing inappropriate content (such as drug and alcohol abuse, graphic violence and sexual situations) to underage viewers. To prevent your child from chancing across age-inappropriate content on the platform, we would recommend enabling Restricted Mode on each device that your child uses to access YouTube.



### TRY GOOGLE FAMILY

Creating a Google Family account allows you to monitor what your child is watching, uploading and sharing with other users. It will also display their recently watched videos, searches and recommended videos. In general, a Google Family account gives you an oversight of how your child is using sites like YouTube and helps you ensure they are only accessing appropriate content.

### CHECK PRIVACY SETTINGS

YouTube gives users the option of uploading videos as 'private' or 'unlisted' – so they could be shared exclusively with family and friends, for example. Comments on videos can also be disabled and channels that your child is subscribed to can be hidden. If your child is only uploading videos that are protected as 'private', they are far less likely to receive direct messages from strangers.

### CHECK OTHER PLATFORMS

Influential content creators usually have other social media accounts which they encourage their fans to follow. Having an open discussion about this with your child makes it easier to find out how else they might be following a particular creator online. It also opens up avenues for you to check out that creator's other channels to see what type of content your child is being exposed to.

### MONITOR ENGAGEMENT

YouTube is the online viewing platform of choice for billions of people, many of them children. Younger children will watch different content to older ones, of course, and react to content differently. You may want to keep an eye on how your child interacts with content on YouTube – and, if applicable, with content creators – to understand the types of videos they are interested in.

### LIMIT SPENDING

Although YouTube is free, it does offer some in-app purchases: users can rent and buy TV shows and movies to watch, for example. If you're not comfortable with your child purchasing content online, limit their access to your bank cards and online payment methods. Many parents have discovered to their cost that a child happily devouring a paid-for series quickly leads to an unexpected bill!

## Meet Our Expert

Clare Godwin (a.k.a. Lunawolf) has worked as an editor and journalist in the gaming industry since 2015, providing websites with event coverage, reviews and gaming guides. She is the owner of Lunawolf Gaming and is currently working on various gaming-related projects including game development and writing non-fiction books.



National Online Safety®

#WakeUpWednesday



Dear Parent/ Carer,

Over the coming weeks your child may mention they have been made aware of a service called [Kooth](#). It provides early intervention mental health support to children and young people. Kooth works with schools and professionals across over 90% of the UK.

[Kooth.com](#) & [Qwell.io](#) offer free, safe and anonymous access to online wellbeing support and advice for children, young people and adults across Greater Manchester. Kooth.com is available for ages 10-25 and Qwell.io for ages 18+, to give young adults a choice between platforms.

The registration process is quick, anonymous and safe. Children and young people can access support, simply by registering at [www.kooth.com](http://www.kooth.com) and adults at [Qwell.io](#) using non-identifiable information.

With no thresholds, waiting lists or referrals required, you can access support for ANY issues you may be experiencing. On [Kooth](#), these may include; body image, self-esteem, bereavement, academic pressures, anger, anxiety, suicidal thoughts, self harm, friendships, sexuality, transition from primary to secondary school etc. On [Qwell](#), these may include: stress & anxiety, self-esteem, bereavement, family breakdown, substance misuse, cost of living concerns, suicidal thoughts, friendships, work related stress etc.

All our BACP (British Association for Counselling & Psychotherapy) qualified therapists are online 365 days a year. Monday to Friday, from midday until 10pm and on weekends, 6pm until 10pm. Users can still message the team 24 hours a day to get a next day response.

There is also access to our fully-moderated support forums, self-help tools, and online magazine articles (written by our professional team and our young people) covering topics ranging from health and wellbeing, sport, technology, fashion etc. All content is pre-moderated before going 'live' on the site, allowing for young people and adults to offer and receive peer support in a safe and secure online environment.

[Kooth](#) delivers 1000's of online wellbeing sessions each year in Local Authorities across the UK. As 50% of referrals to CAMHS are unfortunately deemed inappropriate to their criteria, [Kooth](#) gives schools, professionals and families an alternative way of ensuring children and young people can access free support when they need it, in a way that they find comfortable to access, via any web-enabled devices. Qwell also provides the exact same support for adults.

Please find a selection of Parent/Carer resources that can be accessed using this link: [Parents/Carers resources](#) and If you have any questions or would like to discuss what [Kooth.com](#) can offer, please, simply email [parents@kooth.com](mailto:parents@kooth.com).