



22 February 2021

Dear Parent/Carer

STUDENT WELLBEING

I hope you and your family are well.

Prior to the half-term break, I met with representatives of the Student Affairs Committee who voiced their concerns about the amount of screen-time that students are faced with currently. I share their concerns and I also want to be proactive in promoting student wellbeing.

As a result of this, each week for the remainder of lockdown, we will have one wellbeing afternoon where no work is set for students. This week the wellbeing afternoon will be Wednesday, 24 February and next week it will be Thursday, 4 March.

During these afternoons, students will be encouraged to do something positive to promote their wellbeing, for example:

- Taking part in the Sharples Community Challenge
- Reading for pleasure
- Listening to music
- Going for a walk

On a different note, as I write this letter, I am conscious that a Government announcement regarding the reopening of schools will be made later today.

I will write to you again once I have the full details regarding this.

Take care and stay safe.

Yours faithfully

Ms A Webster
Headteacher

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