



Covid-19 – Health Hub Code of Conduct

This code of conduct is to be read alongside Government Guidelines and the Centre's Risk Assessment relating to Covid-19.

It is very important that you adhere to these additional requirements related to your conduct in the centre. The additional code of conduct is designed to keep all public and staff as safe as possible.

Failure to adhere to the following will result in the person being asked to leave the premises immediately.

Symptoms of Covid-19 (*Refer to latest Government Guidance*)

- Do not come into the centre if you are experiencing the symptoms of Covid-19
- Do not come into the centre if you have previously tested positive/or displayed the symptoms for Covid-19 and are still within the self-isolation period specified by the Government
- Do not come into the centre if you are currently within the specified isolation period due to any members of your household
- Follow the centre protocol and tell a member of staff immediately if you begin to experience symptoms of Covid-19

All Users Must:

Entering and Leaving the Building

- Park your car in alternate spaces on the designated car parks whenever possible.
- Wash your hands on entry to and departure from the centre, regardless of whether or not you have been wearing gloves.
- Continue to show respect to all of our staff during these frustrating times
- Adhere to the Government's Social Distancing Guidelines (2-metre distance) on entering or leaving the building, this may involve queuing either outside or inside, please be patient at this time.
- Use toilet facilities prior to leaving your home, in order to minimise the need to use toilet facilities whilst in the centre.

Moving around the Building

- Adhere to the Social Distancing Guidelines (1+ metre distance) at all times.
- Adhere to the designated one-way system on all stairwell, corridors, poolside and fitness areas which have been implemented throughout the building
- Keep to the very left of corridors in single file at all times
- There may be some areas, which require people to pass on a landing/reception. If this is the case, ensure you maintain the social distancing requirements
- Do not stop and have a conversation with others whilst moving around the corridors or staircases. The movement of people must flow to enable everyone to observe the social distancing rules

Classes

- You must ensure that you have booked onto to all classes to guarantee yourself a place. This can only be achieved through reception.
- Exercise only in designated spaces in the hall as directed by your instructor
- Maintain the social distancing guidelines at all times
- Wash/Sanitise your hands when the session has finished
- Leave the class one at a time through the designated exit as directed by your instructor

Fitness Suite

- All must book in the fitness suite through reception for a **1 hour session** only
- Members can only book one session per day
- Sanitiser spray and wipes will be provided with each machine. All machines must be wiped down immediately after usage. Lidded bins will be provided for disposal of wipes.
- You must vacate the area when your time is finished
- Exercise only in designated spaces
- Maintain the social distancing guidelines at all times
- Wash/Sanitise your hands when the session has finished
- Do not use the Water Fountains.

Swimming Pool

- Only swimming lessons taking place for the interim
- Two wide lanes will be available to swim in a clockwise direction only once public swim can return. Only adult swimming sessions for the near future.

Toilets/Washrooms

- Where possible, public are expected to use toilet facilities at home, prior to arriving school.
- Only enter a toilet if there is a free cubicle in order that you can maintain social distancing. Please wait outside in a queue if you need to wait, maintaining the social distancing guidelines.
- You **MUST** wash your hands before leaving the toilets
- Please leave the toilets/washrooms as you would expect to find them and dispose of your own rubbish

Other Aspects of Conduct

- There is to be no chewing of gum. Disposing of gum is a transmission hazard.
- People may wear their own masks but if these are tampered with in any way (graffiti, damage) they must be removed and disposed of into the bin.
- Spitting is not acceptable and is a serious transmission hazard.
- If you need to speak to anyone at Reception, you must stand behind the designated lines marked on the floors at the desk areas
- You must not shake hands or hug any other users; you must maintain the social distancing guidelines at all times.
- You must not use the school or Health Hub premises, including the car park, for socialising.