



Sharples

SCHOOL

Newsletter

ISSUE 319
24th January
2020

Parents' Role in Online Safety

As a school, we work hard to ensure that we educate our students with the important information to keep them safe whilst using the internet. However; it is your responsibility, as parents, to make sure that you are aware of what your child is accessing whilst online.

We strongly recommend that you adhere to the age restrictions on Social Media apps and sites, they are as follows:

Facebook - 13yrs

Instagram - 13yrs

Snapchat - 13yrs

Twitter - 13yrs

Twitch - 13yrs

Tik-Tok - 13yrs

What's App - 16yrs

Live me - 17yrs

YouTube - 18yrs (13yrs with parental consent to open an account)



It is also important that you monitor how much time your child spends on their digital device. It is always a good idea to set up a timetable / rota where your child is allowed screen time. Also, make sure they switch off when they are in bed and should be sleeping.

Remember - games have an age limit too! These games may seem harmless enough but many of them have unsuitable content, including violence, swearing and drugs and alcohol. Children have also been known to become addicted to them.

We will be adding lots of helpful information and resources to the SharplesSafe section of the school website to support you with this. There will be information about specific social media platforms and apps which will enable you to be as informed as possible, it will have links to reporting platforms as well should there be any concerns that arise.



Sharples

SCHOOL

Newsletter

Sharples Geographical Society

The Geographical Society as part of the Sharples Bacc entered a Flag for Antarctica competition and won. Their prize was for our flag to travel to the bottom of the earth and have its picture taken in the amazing ice continent Antarctica. Below is a picture of our flag taken with a small colony of Chinstrap Penguins.



The Sharples active lifestyle tour to Edinburgh 2020 was launched this week. This tour will take place in October for Year 10 focusing on participating in activities based around football and netball. Students have the opportunity to see the amazing city of Edinburgh and take in the sights, such as Edinburgh Castle and Zoo. They will be provided with professional sports coaches who will prepare them for fixtures against Scottish opposition. This is a fantastic opportunity to participate and explore sports in the UK for the students at Sharples School.

[Click here to view the Edinburgh 2020 information poster.](#)

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Sharples

SCHOOL

Newsletter

Anne Frank Trust

20 of our students have been training to become peer guides over the past few months with the Anne Frank Trust. Keziah and Molly have helped our students teach the story of Anne Frank to different year groups and primary school children. Mrs Fletcher's art classes have made work for the Holocaust memorial. The work has been up on display in Asda for the whole of January. To see some images please take a look and like the Asda Bolton Facebook page.

<https://www.facebook.com/asdabolton/>

After the peer guide training the students were asked if they wanted to apply to become Anne Frank Ambassadors. Only two students were selected for this role. They are the first students to ever be selected outside of London to present at the Hilton Hotel. They have found the experience really empowering and Umama and Maria wanted to write an account of their journey to London on Thursday 23rd January, below is their account.



We were invited to go to the Hilton Hotel. We took the train down to London so we could attend the annual Anne Frank lunch and present speeches to guest which included Lords, Ladies and dignitaries. When we arrived at the venue we felt very privileged to meet some very supportive people from the Anne Frank Trust. They helped us prepare and rehearse our speeches. We listened to a speech by one of the trustees Daniel Mendosa. He talked about the importance of continuing to share the story of Anne Frank and the Holocaust. He expressed his feelings that there is still a need to stop discrimination. After his speech we were treated to a 3 course meal. Throughout the meal we listened to more speeches. It soon became our turn to present. We both felt very nervous when we were on stage but they soon went away as we were very passionate about what we were saying. The speeches were well received. There was a huge applause from a crowd of 400 guests. One by one people came over to myself and Umama to say well done. They were really proud of us. Here are two quotes from



Sharples

SCHOOL

Newsletter

our speeches.

'How lovely to think that no one need wait a moment, we can start now, start slowly changing the world! How lovely that everyone, great and small, can make their contribution toward introducing justice straightaway... And you can always, always give something, even if it is only kindness.'

This is a quote from the author of 'the boy, the mole, the fox and the horse' Charlie Mackesy;

'I am so small' said the Mole

'Yes' said the boy 'but you make a HUGE difference!'

Although we might be just one person, we can still have a big impact on the world, and 75 years on from Anne's death it is really important to remember this.

After our speech we listen to Dame Esther Rantzen. Afterwards we got to meet her and present her with flowers.

I think it is fair to say the girls had a very memorable day. We are all so very proud of their achievements.

Sports Report

A group of lucky students had their first session at David Lloyd this week using their Prama dance studio. It was a challenging but enjoyable experience and the group are looking forward to their next session on Monday.

The boxing group were back in action on Tuesday after school with a session delivered by instructors from Tricky's gym in Rivington. Anyone wanting to join the club for next week should see a member of the PE department.

The Year 8 football team have been training hard every week after school and at lunch time over the winter months. The team travelled to Kearsley Academy for their first league game of the calendar year. The opposition were extremely strong and Sharples looked a bit match rusty in what was a very disappointing first half performance. Kearsley were clinical and the game had already been won by half time. At half time the team were asked to show some pride, keep their heads up and be resilient.





Sharples

SCHOOL

Newsletter

It was a fantastic response from the team and they went out and didn't concede a goal in the second half in what was a great learning experience. Harvey Kenny put in a man of the match performance in defence after half time.

Year 9 and 10 both had their training session this week in preparation for a much anticipated friendly fixture next week. Both year groups have been playing against each other at lunch time and next week we will see who has the bragging rights when they come head to head after school on Wednesday.

The Year 7 football team travelled to Kearsley Academy once again after defeating the opposing team on penalties last week to progress to the semi final of the Bolton Cup. This week the team were back in action in the league in what was always going to be a difficult encounter with Kearsley looking for revenge. However, the team continues to go from strength to strength and recorded another victory, defeating Kearsley 3-1. Harvey Hampson clinically despatched both his penalties after an early lead courtesy of an own goal. The team were solid at the back with great commitment and determination throughout the game.

The KS3 girls football team had their first group matches of the season on Thursday. The team started off the hard way facing some of the toughest teams in Bolton. Sharples worked hard in their first game but couldn't avoid a narrow one nil defeat. Sharples enjoyed more possession in the second game but couldn't find a way past the opposing keeper. Fortunately, the Sharples defence and goalkeeper Aimee Gorball were in fantastic form and the result finished in a nil nil draw. The team saved their best performance until the end and deservedly beat Rivington and Blackrod one nil. Leah Jackson was solid in defence, Charlotte Robinson was a constant threat, deserving her goal and Sakeela Alli showed some wonderful skills in attack.

During lessons, Year 7 and 8 have been completing the multi-stage fitness test and discussing how their recent knowledge, gained during theory lessons, can be used to help them improve their fitness levels.

The attitude displayed by students has been exemplary, showing resilience and determination to better their score. Well done to all students. They have all been asked to reflect on their score and current physical fitness to encourage our pupils to engage in a healthy active lifestyle.

Attendance

20th January -
24th January

Best Year Group:

Year 7	96.7%
Year 8	97.0%
Year 9	96.1%
Year 10	94.4%
Year 11	93.7%

Best Forms:

7H	99.2%
8H	99.2%
9R	99.6%
10S	97.4%
11S	98.0%

316 pupils have
100% for current
academic year.

Dates For Your Diary

Monday 27th Jan -
Holocaust Survivor
Talk (Year 7 and 8)

Monday 27th
January - Year 8/9
English Author
Visit (9:00am –
12:00pm)

Thursday 30th
January - Year 11
Parents' Evening
(4:00 – 7:00pm)



PE Fixtures and Activities

Monday 27th January:

- KS3 Swimming Club
- David Lloyd trip
- Fitness suite

Tuesday:

- Year 7 & 8 Football practise
- Boxing session by coaches from Tricky's gym (see PE staff if wanting to attend)
- Netball practise - all years

Wednesday:

- KS3 Swimming Club
- Running club - all years
- Year 7/8 Basketball fixture @ ESSA Academy
- Year 9 fixture v Year 10 @ Sharples

Thursday:

- Fitness Suite - all years
- Girls Football practise

Friday:

- Staff Football v Year 11





JOIN US AT COACHING CONNEXIONS

TRIALS AT THE LOSTOCK TRAINING GROUND

DATE: FEBRUARY 11TH 2020, 6:30-9PM

AGED 15-16?

GET IN TOUCH TO TAKE PART

- **UEFA A/B LICENSED COACHING**
- **DEDICATED FITNESS PROGRAMME**
- **2 GAMES PER WEEK**



WWW.COACHINGCONNEXIONS.CO.UK/APPLY

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Sausage £1.35 Enchiladas £1.55 Pasta King £1.85 Curry Pots £1.85 Various Baguettes and wraps £1.75	Meat Pie £1.55 Cheese pie £1.35 Pav Bhaji £1.55 Pasta King £1.85 Various Baguettes and wraps £1.75	Salsa Potato Skins £1.55 Mac Cheese £1.10 Chow Mein £1.55 Pasta King £1.85 Curry Pots £1.85 Various Baguettes and wraps £1.75	Pizza £1.35 Chick pea lentil Dahl £1.55 Pasta King £1.85 Various Baguettes and wraps £1.75	Fish fillet £1.55 Cheese and onion pasty £1.10 Pasta King £1.85 Various Baguettes and wraps £1.75
Meal Deals £2.35	<u>Sweet Potato Enchiladas</u> Served With Herby Diced Potatoes Side Salad Small Grapes or Biscuit And Drink Carton	<u>Pav Bhaji</u> Served with Yoghurt and Mint Dip Side Salad Small Grapes or Biscuit And Drink Carton	<u>Salsa Potato skins</u> Served with Side Salad Small Grapes or Biscuit And Drink Carton	<u>Chickpea lentil dahl</u> Served with Tortilla Chips Veg Samosa Side Salad Small Grapes or Biscuit And Drink Carton	<u>Cheese and onion Pasty</u> Served with Small chips and beans Small Grapes or Biscuit And Drink Carton
And there's more	Salad bar £1.85 Various Sandwiches and Wraps from £1.27 Jackets with Various filling 80p	Salad bar £1.85 Various Sandwiches and Wraps from £1.27 Jackets with Various filling 80p	Salad bar £1.85 Various Sandwiches and Wraps from £1.27 Jackets with Various filling 80p	Salad bar £1.85 Various Sandwiches and Wraps from £1.27 Jackets with Various filling 80p	Salad bar £1.85 Various Sandwiches and Wraps from £1.27 Jackets with Various filling 80p
Desserts	Fruit Pots £1.10 Grapes lrg 70p sm 55p Popcorn 60p Crackers 75p Tray bake 61p Biscuit 41p	Fruit Pots £1.10 Grapes lrg 70p sm 55p Popcorn 60p Crackers 75p Tray bake 61p Biscuit 41p	Fruit Pots £1.10 Grapes lrg 70p sm 55p Popcorn 60p Crackers 75p Tray bake 61p Biscuit 41p	Fruit Pots £1.10 Grapes lrg 70p sm 55p Popcorn 60p Crackers 75p Tray bake 61p Biscuit 41p	Fruit Pots £1.10 Grapes lrg 70p sm 55p Popcorn 60p Crackers 75p Tray bake 61p Biscuit 41p



What's on THE MENU

www.mellorscatering.co.uk

m m m...delicious



MAIN DISHES

- CHEESE AND ONION PASTRY - £1.10
- CHEESE AND LEEK TURNOVER - £1.35
- MEAT AND POTATO PIE - £1.55
- PIZZA - £1.35
- DAHL - £1.55
- MEAT PIE - £1.55
- POTATO SKINS - £1.55
- FISH - £1.55
- CHICKEN/FISH WRAP £1.75
- SAUSAGE - £1.35
- VEG/BEEF BURGER - £1.55
- LASAGNE - £1.55
- CHICKEN CURRY - £1.55
- ENCHILADAS - £1.55
- MEATBALLS - £1.55
- PASTA BAKE - £1.35
- BIRYANI - £1.55
- MAC CHEESE - £1.10
- VEG MOUSSAKA - £1.55
- CHEESE FLAN - £1.35

FRUIT AND TRAY BAKES

- LARGE GRAPES - 70p
- SMALL GRAPES - 55p
- GRANOLA POT - 80p
- WHOLE FRUIT - 40p
- FRUIT POT - £1.10
- STRAWBERRIES - £1.00
- TRAY BAKE - 61p
- BISCUIT - 41p
- HOT PUDDING - 61p
- YOGHURTS - 50p
- CRACKERS - 75p
- SOREEN - 61p
- POPCORN - 60p
- JELLY - 61p

SIDE DISHES

- JACKET POTATO - 80p
- POTATO SIDE - 80p
- VEGATABLES - 30p
- SIDE SALAD - 40p
- CHEESE PORTION - 55p
- BEANS - 42p
- SOUP - 60p
- BREAD PORTION - 40p
- CHIPS - £1.07

GRAB AND GO ITEMS

- CURRY POTS - £1.8
- PASTA KING - £1.85
- PASTA POTS - £1.35
- PANINI - £1.75
- SALAD - £1.58
- BAGUETTES - £1.75
- WRAPS - £1.75
- SANDWICHES - £1.27
- SANDWICHES - £1.55
- SANDWICHES - £1.75

BREAKFAST AND MORNING BREAK (ONLY)

- SAUSAGE BARM - £1.35
- OMELETTE BACON - £1.25
- BREAKFAST WRAP - £1.20
- BACON BARM - £1.10
- TEACAKE - 41p
- PANNINI - 72p
- TOAST - 32p
- PANCAKE - 45p
- CHEESE TOAST - 65p
- POTATO CAKE - 41p
- CRUMPET - 41p
- CEREAL - 80p

DRINKS

- CUPLET - 32p
- AQUA JUICE - 42p
- MILK CARTON - 45p
- MILKSHAKE - 60p
- SMALL WATER - 50p
- PURE JUICE - 65p
- AQUA SPLASH - 65p
- OMJ - 70p
- HOT DRINKS - 80p

MEAL DEALS

AVAILABLE DAILY £2.35 INCLUDING DRINK AND BISCUIT OR SMALL GRAPES

